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We need a plan. Sexual assault on campus is a national issue

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ISTOCK

ROSEMARY WESTWOOD

Investigating the vacuum of accountability

Canada: the country without a plan.

On every campus, in every province and territory, students — and women in particular — face sexual violence and harassment. It devastates minds and bodies and thwarts academic dreams.

And yet: No one is seeking a national solution for this national problem.

As a result, we have bad to non-existent policies and bad to non-existent data. Universities, which have an abysmal track record for responding to and preventing sexual assault, have been given autonomy to fix the problem.

It's bad for the country and dangerous for staff and students.

All week, Metro investigates this vacuum of national accountability. And we begin today, with the story of five women who pose the greatest threat yet to the status quo.

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Britain will begin the process of leaving the EU by the end of March, PM Theresa May says

2017 Indian Princess crowned

CALGARY STAMPEDE

Honour goes to Savannah Sparvier, who credits her mom

Josie Lukey
For Metro | Calgary

At the age of 19, All Around Snake Woman — or in English — Savannah Sparvier, is a vision floating around the stage in traditional Siksika First Nation clothing.

She performs a traditional dance in front of a crowd of judges, not yet knowing if she will be the winner of the 2017 Calgary Stampede Indian Princess.

It is only a few moments later she is crowned. Shocked, teary-eyed and thankful, Sparvier accepts.

But for the newly crowned princess, Sparvier wants to instil a sense of strength into youth to try new things, and most importantly to chase their dreams.

Sparvier also said she wants to bridge the gap between aboriginals and non-aboriginals, creating a sense of hope and friendship between the two.

"My wish," said Sparvier "is to become a teacher, a counsellor, a role model and a friend for every girl and woman who is scared to try new things and to step out of her comfort zone."

Being scared is something Sparvier is all too familiar with.

> My wish is to become a teacher, a counsellor, a role model and a friend for every girl and woman who is scared to try new things.
> Savannah Sparvier

Last year, she competed in the pageant only to lose the crown to Vanessa Stiffarm — the 2016 CS Indian Princess.

Sparvier admits she was a scared teenager back then, but after support from her family — especially her mother — she decided to compete again.

"My mom is such a strong, independent woman and I've always wanted to become exactly like that," Sparvier said.

Growing up, Sparvier was raised mostly by her mother. She taught Sparvier traditional values and everything that her grandmother wanted her legacy to follow.

Which is one of the reasons Sparvier only dances traditional.

"(My mother) never really liked the contemporary dances of jingle and fancy — that's something I use to keep my grandmother close to me, and that's something that my mom loves about why I wanted to dance traditional," Sparvier said.

Past princess, Stiffarm said that representing First Nations is an incredible honour, and has no doubt Sparvier will fill in the moccasins she leaves behind.

"I just want (Sparvier) to keep pushing forward. Remember your goal, and let that be the reason you keep going," said Stiffarm.

(LEFT) Savannah Sparvier said she plans to attend university in the future, in order to obtain a degree in Bachelor of Education to teach both English and Drama.

Contestants are also judged on the way that they look, the way that they speak, and how they enter a room.

PHOTOS BY JOSIE LUKEY / FOR METRO

'It matters who I am'

Contestants running for the crown have a variety of hoops to jump through before they're even considered — making the pageant one of the most intensive competitions around.

In order to be considered, contestants must be between the ages of 18 - 25, a member of Treaty 7 First Nations, and complete a horsemanship assessment, in additional to several more requirements.

According to Mackenzi Mitchell of the Calgary Stampede Indian Princess Committee, the intensity of the pageant is to ensure that the woman is able to uphold the duties required and represent Indigenous people positively.

"There's one Indian Princess, and not only is that Indian Princess representing First Nations people, she's representing an entire country of people," Mitchell said.

But the name Indian Princess itself, has caused a bit of controversy with some elders wanting to change the name. According to Mitchell, there has been talk about changing the name to a more appropriate one, but the name goes back to the founding days of the Stampede.

Savannah Sparvier, 2017 Indian Princess said she would like to see the name change to something historically accurate but is happy either way.

"It doesn't matter what people call me, it matters who I am," said Sparvier.

There's no timeline set for the name change, but it's expected in the next few years.

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Rick Lundy and Marjorie Aucoin have been at the forefront opposing plans to redevelop the Harvest Hills Golf Course. They will be in attendance, along with a couple of buses full of community members, to protest the rezoning on Monday when the proposal goes to council. MATHEW SILVER/FOR METRO

Community protests golf course rezoning

HARVEST HILLS

Residents take stand against plan to build housing units

Mathew Silver
For Metro | Calgary

Residents of Harvest Hills and the surrounding communities will be out in full force, when the application for the rezoning and redevelopment of the Harvest Hills Golf Course is reviewed by city council on Monday.

QuantumPlace Developments have been contracted by Cedarglen Homes to create the proposal, which will transform the golf course into a 716-unit residential development with almost 14 acres of public park space.

"If our city council approves this development application tomorrow, it will change the face of Calgary forever," said Marjorie Aucoin, who lives just down the street from the golf course.

Like most residents, Aucoin moved to the neighbourhood because of the calmness and serenity that the golf course provided. She said that the development could add up to 3,000 residents to a neighbourhood already lacking in basic infrastructure.

Chris Ollenberger, managing principal for QuantumPlace, said the number of added residents would be less than 2,000, taking into account the average number of people per unit. While some opponents of the development suggest that it's in violation of the Municipal Development Plan, he said that not every site in the city adheres to the MDP.

"I think one of the aspects of the MDP that is misunderstood by many people is that you don't need every single aspect of every single page to move forward. It's a collective whole that speaks to how a city works," he said.

Rick Lundy, the president of the Northern Hills Community Association, said that it isn't responsible development, citing a lack of community engagement about the project.

"The developers thought they were going to come in here and it was going to be a slam dunk. They thought that the residents were going to lie down and allow this to happen — and surprise, it didn't happen," said Lundy.

Ollenberger maintains that his organization was thorough in their public engagement. He also noted that he doesn't think property value will go down in the long term, and described the increase in publicly available space as significant.

"It will definitely be measured differently. Instead of saying you back onto a privately owned green space, now you back onto a public accessible park. Personally I want a public park behind me far more than a golf course," said Ollenberger.

Cam Macintosh, who lives on the golf course with his family, begs to differ.

> "It's affecting the reason why we purchased the house in the first place." Cam Macintosh

"It's affecting the reason why we purchased the house in the first place, which was to be on a green space," said Macintosh.

IN BRIEF

Police investigate possible bomb threat

The Calgary Police Service (CPS) responded to a Shawnessy strip mall after reports of a potential bomb scare early Sunday. At around 5:30 a.m. CPS were conducting a traffic stop at Shawville Gate and Shawville Boulevard after a man said there were replica pipe bombs in his trunk. CPS sealed off the area and called in their tactical unit to inspect the vehicle. The identity of the man is yet to be released, but remains in custody. JOSIE LUKEY/FOR METRO

CONSERVATION

Province announces tree planting is part of caribou protection plan

The Alberta government says it's moving ahead with the oil and gas industry to restore habitat for caribou herds.

The province announced Saturday that work is beginning that will eventually see trees planted along thousands of kilometres of land that were cleared for seismic lines in the Little Smoky and A La Peche caribou rangelands.

The work starts with compiling a restoration guide, as well as setting up a pilot project along 70 kilometres of seismic lines in the spring.

A $200,000 contract will be issued to source and grow the trees for the pilot project, and $800,000 will be earmarked for an operational plan to restore 3,900 kilometres of lines.

The federal government has given provinces until 2017 to come up with range plans and recovery strategies for caribou herds, which are in danger across the country.

"We are pleased with the leadership role taken by the oil and gas industry in working to ensure we have a made-in-Alberta plan that provides an economic certainty for industry and workers who make their living in the north and do what's right to protect this iconic animal," Alberta's environment minister, Shannon Phillips, said in a media release.

THE CANADIAN PRESS

Green Line plan going to vote

INFRASTRUCTURE

Costly tunnel option is the preferred choice

Brodie Thomas
Metro | Calgary

To dig or not to dig. That is the question Calgary City Council faces this week as the proposal to run the Green Line underground in the downtown gets put to a vote.

The recommendation from committee is for a more expensive option tunnel under the Bow River, but it will be up to council to make that final decision.

Jeff Binks, president of transit advocacy group LRT On The Green, said the vision is to have a tunnel from 16 Avenue North along Centre Street and 2 Street SW all the way to south of the CP Rail tracks.

There were other options for getting across the Bow River, such as running the tracks along Centre Street Bridge, or building a separate bridge for the rail line, but the city's Transportation and Transit Committee thought the best way to get across the river was to go under it.

"What we're doing now is really building a transit network for a city of two million people, which is where Calgary is headed," said Binks. "And in order to do that, you have to build it properly right from the get-go."

BY THE NUMBERS

$250M

Estimated cost of one underground station

Three

Number of underground stations proposed north of 10 Avenue and south of the Bow River

He sad putting the line underground in the downtown will help the city avoid conflict with traffic and reduce the impact on real estate as well.

There's another possible option to vote on. Coun. Evan Woolley is trying to promote extending the underground section even further south and east, underneath the Beltline area of his ward.

"I don't know a single stakeholder in the Beltline who doesn't want to at least keep looking at the option — so administration was supportive of them continuing the work," he said.

That option would have the CTrain continue underground east along 10 Avenue before coming back up somewhere near the Stampede Grounds and going over the Elbow River.

Coun. Andre Chabot said he supports the planning and the vision, but he thinks council needs to be realistic about what it can afford today.

"What's being proposed now in the downtown is upwards of $3 billion alone, and that's about all the money we've got to work with," said Chabot.

He said a BRT along the line to the southeast might help move more citizens now, and allow the city to extend the Green Line as more money becomes available.

This map shows a rough outline of the Green Line's proposed route through the downtown. One option is to have most of what's pictured underground, while another option would have the line be above ground south of the CP Rail tracks. GOOGLE MAPS/ CITY OF CALGARY

> What we're doing now is really building a transit network for a city of two million people.
> Jeff Binks, president of LRT On The Green

ENERGY

Back off renewables like Ontario: Wildrose

The Alberta NDP isn't worried about its climate change plan, despite the fact that Ontario recently backed away from contracts for wind, solar and other renewable energy sources.

Earlier this week, a Ministry of Environment spokesperson said the Alberta government has studied the paths of other jurisdictions, like Ontario, to learn what has and hasn't worked.

Ontario will cancel contracts that provided up to 1,000 megawatts of power from renewable energy resources.

The Ontario government projected the move would save up to $3.8 billion of the costs projected in the 2013 long-term energy plan, and will keep about $2.45 a month from being added to electricity bills.

Wildrose Energy Critic Leela Aheer said the government can learn a lesson from Ontario backing away from green-energy contracts.

"We're top notch," Aheer said. "We should jumping up and down and screaming from the top of the roof, showing the world what we're actually doing."

By 2030, the government plans to have 30 per cent of electricity used in Alberta coming from renewable sources such as wind, hydro and solar.

"Details on how the program will operate will be released later this year. The program will be based on recommendations provided to government by the Alberta Electric System Operator," the government said.

"The operator completed stakeholder consultations earlier this year to help inform its recommendations to government. Government is now working with AESO on detailed program design and remains on target to release details of the program in the coming months."

JEREMY SIMES/METRO, WITH FILES FROM THE CANADIAN PRESS

Medical-assisted in dying activist Donna DeLorme's brother, Darren, says she wouldn't be happy with the current federal laws. COURTESY DARREN DELORME

Right-to-die advocate remembered

DONNA DELORME

Brother says she would not approve of current laws

Jeremy Simes
For Metro | Calgary

Donna DeLorme managed to smile every day, despite the excruciating pain she felt hourly before she died.

It's been a year since DeLorme, a Calgary advocate for medical assistance in dying, died by suicide last September after enduring years of pain with progressive multiple sclerosis.

"Until you spent an hour in Donna's body, you wouldn't really understand," said DeLorme's brother, Darren. "Donna never wanted to die. Donna loved life."

Alberta Health Services (AHS) has provided medical assistance in dying to 29 patients in Alberta since February 6, when court orders made the practice possible in Canada.

Seven of those patients were in the Calgary Zone, 14 in the Edmonton Zone and eight in the South and North Zones.

The controversial new law allows assisted dying only for those in an advanced state of irreversible decline from an incurable condition and for whom natural death is "reasonably foreseeable." It does not apply to those who are not near death or to those suffering strictly from psychiatric illnesses.

It's likely Donna would have not been pleased with the changes, Darren said.

"She would say, 'I'm not surprised,'" he said. "She would be on a waiting list.

"If they could take these people who pass these laws and these bills and put them in Donna's body for one hour, they'd amend that bill right away."

He alleged Donna's health worsened after paramedics dropped her — her legs had broke and physiotherapy made it worse as practitioners weren't aware of the break.

"She said her life was manageable before that," he said. "She just felt like she was a burden.

"She told me once, 'Do you ever get a leg cramp in the middle of the night and you have to walk it off because it hurts so bad, like knives stabbing you? I get those every night in my body. I'm screaming in my sleep. I can't roll over. I can't get up.'"

Many Canadians who've been excluded from the government's eligibility criteria have also lined up to join a constitutional challenge to the law.

Darren said he still has Donna's number saved on his phone.

"I wish I had her back. I wish I could phone her," he said. "She's missed by everybody."

WITH FILES FROM THE CANADIAN PRESS

> **If they could take these people who pass these laws and these bills and put them in Donna's body for one hour, they'd amend that bill right away.**
> **Darren DeLorme**

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Blair and Stephanie Doucet's dogs aren't considered children by the government, so the family is having a hard time finding a home to rent in the Fort McMurray. SUBMITTED/STEPHANIE DOUCET

Housing rejection angers Fort Mac couple

GOVERNMENT

Doucets and their dog family seek abode but kids come first

Jeremy Simes
For Metro | Calgary

Fort McMurray couple Stephanie and Blair Doucet have been rejected twice for a mobile houses courtesy of the Alberta government, saying they feel discriminated because the living spaces are currently prioritized for families with school-aged children.

"It's like we don't count," Stephanie said. "It's really hard right now to find a place for us with the winter months fast approaching."

The Alberta government is in the process of shipping three- and four-bedroom mobile homes to Fort McMurray, as residents require spaces ever since the wildfire decimated their homes in early May.

Though there are only two mobile homes currently in the city, the government plans to introduce 65 homes in Fort McMurray. The Doucets lost their home, located in the neighbourhood of Beacon Hill, to the blaze. Like many others, they've been living in a camper on Abraham's Land, which closes on October 31.

> **It's not just people with children that need housing. To us, our pets are our children.**
> Stephanie Doucet

Stephanie said the family may have to find a hotel or leave the city come the 31st, adding rent is high and landlords are generally unaccommodating for her two golden retrievers and two Bernese mountain dogs, which she considers her fur-children.

The government-provided mobile homes are pet-friendly.

"It's not just people with children that need housing," she said. "To us, our pets are our children. Though they may be furry, they are my kids." Shannon Greer, spokeswoman for Municipal Affairs Minister Danielle Larivee, said the government prioritized the homes for families with school-aged children based on an internal survey.

Greer said the government found there were enough one and two bedroom units in the city to accommodate couples and singles. The Rural Municipality of Wood Buffalo manages the applications for the homes, she added. A scan of homes — friendly to large pets — for rent in Fort McMurray found prices ranged from $3,000 to $4,200 per month, much higher than the $2,500 per month and $2,650 per month for the government-provided three- and four-bedroom homes, respectively.

Blair and Stephanie Doucet got married after the wildfire. SUBMITTED/STEPHANIE DOUCET

Stephanie said she hopes the government will re-consider how it prioritizes the mobile homes.

"I hope the people who are running interim housing say, 'These guys need housing, too,'" she said.

"We're all in it together, but the government needs to let up and reconsider all of us."

CULTURE

Evil lurks Underneath a Calgary theatre

Aaron Chatha
Metro | Calgary

There's something sinister waiting below the floorboards of Calgary's Theatre BSMT.

In a small town waterpark — built on an ancient burial ground of course — something nasty is bubbling in the waters. Soon an ancient evil is resurrected — people become possessed, growing fins and gills as creeping tentacles envelope the town.

Surly teenager and misunderstood genius Tina builds a robot arm for herself to battle back against the darkness.

"It's such pure entertainment," said director of The Underneath, Alice Nelson. "It's an interesting mix of totally bizarre and totally honest. The characters are totally odd."

Nelson described the play as B-movie meets H.P. Lovecraft.

On the stage, there are no jump cuts or obscure camera angles to create fear — but Nelson believes she can create scares through tension and ambiance for more true, authentic scares. Having directed several horror plays in her career, Nelson said she's excited to take audiences down this path.

The sea captain meets his match during rehearsals for The Underneath. HALEY MCDONNELL

"It's really fun. On stage, we usually have plays about human relationships but there we're going OK, we need the actors to commit to the circumstances of, 'there actually is a monster under your bed.'"

"It's not your grandma's night at the theatre for sure," laughed Nelson. "Not even your mom's maybe. It definitely is people in their 20s and 30s — people who like Ash vs. The Evil Dead." Performances start on Oct. 6, with a special midnight performance on Oct. 14. It's the first play kicking off Theatre BSMT's new horror mandate. Visit theatrebsmt.ca. for details.

World-class style

FASHION

International, local designers strut stuff at ParkLuxe 2016

Aaron Chatha
Metro | Calgary

Calgary's fashionistas fawned for the designs at the ParkLUXE 2016 fashion show on Saturday night, and local and international designers purred their cuts and clothes down the catwalk.

"Last night Calgary was transported somewhere else, which was really neat," said Park president Kara Chomistek.

"It really felt like an international showcase.

"I felt that was important for our Canadian designers to be on a stage together in a venue where they could feel we're showcasing their talent on an international scale."

Of the eight designers, half were from Alberta.

To pay tribute to Calgary's Year of Music, this year the annual fashion show was hosted inside the National Music Centre.

With the high ceiling and winding staircases, the architecture was a fashion-forward design in its own right.

For the first time, the models waltzed down the catwalk — which ran two levels — to the live music.

Chomistek said local designers are like a hidden gem in Calgary.

People underestimate the amount of work they put in, travelling the world to look for new international influences to bring back to Calgary's fashion scene, she added.

"It's really amazing to see that level of talent in my hometown," she said.

With the spotlights off, the designers are back at work and Park is folding its fabrics until the next Calgary fashion event.

> **It really felt like an international showcase.**
> Kara Chomistek

Western Canada's premier designers were centre stage at the ParkLuxe fashion show Saturday.

LEFT (Top to bottom) Edmonton's Malorie Urbanovich is the designer behind these creations.

ABOVE: Lingerie by Calgary's Year of the Ram.

RIGHT: Ensemble by Okakie.

ALL IMAGES
AARON CHATHA/METRO

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Marathon raises $800K for breast cancer

HEALTH

Thousands took part in CIBC's Run for the Cure

Mathew Silver
For Metro | Calgary

You could have mistaken it for an '80s aerobic class.

But getting physical at the CIBC Run for the Cure, which started and finished at Southcentre Mall on Sunday, meant raising money for a good cause.

According to Bernice Sholten, executive director for the Canadian Breast Cancer Foundation, the event had more than 7,500 participants and raised more than $800,000 for breast cancer research."It was a beautiful demonstration of community spirit and support," said Sholten.

Participants adorned themselves in pink outfits and completed a 1K or 5K circuit. One group of participants, which featured cancer survivors Bonnie McCreedy and Lorie Gordon, were particularly spirited.

"It's just fabulous," said McCreedy, a two-year survivor of breast cancer. During the race, McCreedy was flanked by her daughter, Heather Erlen.

"The crowds were wild. All of the volunteers had everybody all revved up," said Erlen.

Diane Martin, a two-time breast cancer survivor, could certainly attest to that spirit.

Martin went through surgery, chemo and radiation after being diagnosed with breast cancer in May 2000 and 2007.

"I don't really like May," she said with a smile, adding everyone has been touched by cancer and she wants to help reach a future without breast cancer.

"There's life after breast cancer," said the 16-year survivor.

Bonnie McCreedy, Heather Erlen and Lorie Gordon.

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TRAVIS VADER TRIAL

Experts assess next steps after verdict

Legal experts say a judge who used an unconstitutional section of law to convict an Alberta man of murdering two missing seniors can take a few different avenues to fix the error, including substituting the verdict with manslaughter.

Defence lawyers and prosecutors are to return to an Edmonton courtroom Monday, two weeks after Court of Queen's Bench Justice Denny Thomas found Travis Vader guilty of second-degree murder.

Thomas said in his reasons that Vader, a desperate drug addict, came across Lyle and Marie McCann in their motorhome in a rural area west of Edmonton and shot them during a robbery in 2010. Their bodies have never been found.

The judge cited Section 230 of the Criminal Code, which was declared unconstitutional in 1990 by the Supreme Court, but never removed from the book.

> **I think no matter which road you go down, it ends up in a manslaughter verdict.**
> Peter Sankoff

Lawyers were supposed to set a sentencing date Monday, but Vader's lawyers filed a motion last week for a mistrial.

And it could take months to find out what happens next.

"I think no matter which road you go down, it ends up in a manslaughter verdict," says Peter Sankoff, a law professor at the University of Alberta currently on sabbatical in Germany.

Sankoff says the judge could stick with second-degree murder, but it would be problematic. Section 230 allowed for a second-degree murder verdict if a killing occurred during the commission of another crime, such as robbery. Otherwise, the killing must be intentional.

And Thomas said he found no evidence Vader intended to kill the McCanns.

The judge also ruled out first-degree murder, saying there was no evidence the deaths were planned and deliberate.

David Tanovich, a law professor at the University of Windsor, says Thomas has jurisdiction to reopen the trial because there was no jury. And he's allowed to change his mind.

Tanovich points to the case of Lamar Griffith in Toronto. A judge convicted the man on firearms charges in 2011.

But three months later, before sentencing, the judge changed the verdict to not guilty. The Ontario Court of Appeal ruled a judge can change a verdict under exceptional circumstances but that, in the Griffith case, he should have ordered a new trial.

Tanovich says Thomas could realistically enter a manslaughter verdict against Vader. The judge could also agree to a mistrial, Tanovich says, but a new trial wouldn't be "in the interest of justice" since there is a valid finding for manslaughter.

The judge's use of Section 230 came as a "shocker," Tanovich adds, saying no judge has used the section before in a verdict.

Prosecutors in Vader's trial also didn't reference Section 230, says Tanovich. But, a look at their written submissions, shows they actually didn't give the judge much help sorting out provisions.

"This wouldn't have happened had they done that," he says. "The trial judge got no assistance at all from the lawyers."

THE CANADIAN PRESS

Travis Vader THE CANADIAN PRESS

CANADA'S GARAGE

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New threat on the streets

HEALTH

Officials fear dangerous W-18 drug may take fentanyl's place

W-18 was designed as a non-addictive painkiller. It was never developed for public use, yet someone is manufacturing it. CONTRIBUTED

As Canada struggles with a deadly epidemic linked to the powerful painkiller fentanyl, a new and potentially more lethal threat is already emerging.

Invented in a University of Alberta laboratory in 1981, the drug known as W-18 was designed as a non-addictive painkiller. It was patented but never developed by pharmaceutical companies for public use, yet someone is manufacturing it.

When the drug was patented, testing on mice showed it was 10,000 times more powerful than morphine, according to Health Canada.

"This suggests a potentially severe risk for harm to individuals," the agency warned this summer in passing regulations that will soon make W-18 a Schedule 1 drug under the Controlled Drug and Substances Act, along with the likes of heroin and cocaine.

Health Canada noted there was "limited scientific information" available about the drug though more testing is underway.

Despite the risks, W-18 is showing up with more frequency in police drug hauls, according to Health Canada figures.

In 2015, there were just three drug seizures by Canadian police that tested positive for W-18 at Health Canada laboratories.

So far in 2016 there have been more than 30 positive tests — for an average of more than three times a month, according to Health Canada. Fifteen cases occurred in British Columbia and 14 in Alberta.

But the drug has also started showing up in Ontario, where W-18 has been detected on two occasions so far this year. Both cases involved drug seizures made by the Greater Sudbury Police.

One resulted in three men — from Sudbury, Toronto and Manitoulin Island — being arrested May 12, according to a spokesperson for the force.

The emergence of W-18 and other obscure synthetic drugs is due to the squeeze by law enforcement on more prominent or easily accessible drugs, police say. TORSTAR NEWS SERVICE

Indigenous court first for Canada

The Mohawk band council of Akwesasne has introduced what is considered the first indigenous legal system in Canada outside a federal framework.

While First Nations band councils have been passing and enforcing legislation on reserves across the country for decades, those bylaws are either tied to the Indian Act or within a self-governance agreement with the federal government. What's special about the new court law passed by the council of Akwesasne is that it was drafted by the community.

"It's a historical moment. It's the first in Canada," said Joyce King, director of justice in Akwesasne.

Justices and prosecutors must enforce 32 laws that cover civil matters including tobacco regulations, sanitation, elections, property and wildlife conservation. Criminal matters are still settled outside the territory, in federal or provincial courts.

THE CANADIAN PRESS

Military leaders star in new art exhibit

They were the public faces of Canada in the Afghan war. Now an exhibit of those who led the mission is on display at The Military Museums in Calgary.

"The Art of Command: Portraits and Posters from Canada's Afghan Mission" is by Toronto war artist Gertrude Kearns and examines the roles of some highly ranked individuals who fought and commanded in Afghanistan.

Eighteen individuals are featured in the exhibit, which includes 39 large paintings, drawings and posters reflecting the style of Second World War propaganda posters.

"You have the kind of full-body drawings, which are slightly larger than life, and then you have the bust portraits which are much, much larger, and so they are quite commanding - pun intended," said Lindsey Sharman, curator of the University of Calgary's Founders' Gallery.

She said it's unusual to sit for portraits in this digital age, but Kearns persuaded her subjects to come to her Toronto studio while she painted. She also took notes about their time in Afghanistan — what they took away from the experience, their impressions of successes and failures and the general situation while they were there.

"This is my exploration into the inner struggles of those at the Afghan operation's highest levels," Kearns said in a release.

"I wanted the portraits to convey their internal workings, calculating, planning, under pressure, alone. The works are not about projecting leadership, per se. They are about being commanders."

The paintings were done between 2006 and 2015.

Kearns created posters by overlaying paintings with text from her conversations to give some insight into each individual.

A movie-style poster of Gen. Jonathan Vance, currently chief of defence staff for the Canadian Forces, is headlined "Concept and War" with a note at the bottom that reads: "No time for Hollywood Moments."

THE CANADIAN PRESS

Lindsey Sharman, curator of the University of Calgary's Founders' Gallery at the Military Museums, with some of Gertrude Kearns' art in the The Art of Command exhibit. JEFF MCINTOSH/THE CANADIAN PRESS

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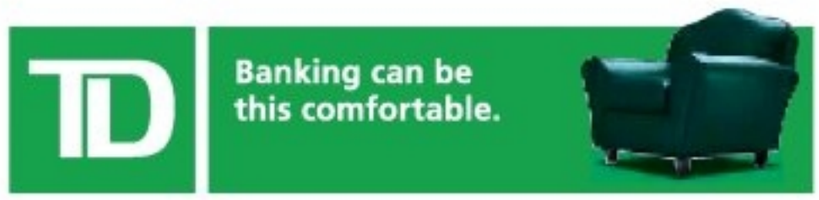

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Sexual Assault on Campus: A Metro Special Focus

From left: Paniz Khosroshahy of McGill University in Montreal, Ellie Ade Kur of the University of Toronto, Glynnis Kirchmeier, alumna of UBC, Tarrah McPherson of Mount St. Vincent University in Halifax and Mandi Gray of York University in Toronto. CALVIN SIT/FOR METRO, EDUARDO LIMA/METRO, DAVID RYDER/FOR METRO, JEFF HARPER/METRO

You don't know these women, but you should. They're members of the most important and organized national effort to fight campus sexual assault. Metro's Rosemary Westwood tells their stories.

The improbable five

Rosemary Westwood
Metro | Toronto

To the casual eye, there was nothing intimidating about them.

The five women, dressed for a midsummer heat wave in tank tops, dresses and short shorts, sat behind fold-out tables and passed around a single mic on a too-short cord.

It could have been any panel discussion, on any topic, on any campus across the country. The room at Ryerson University in Toronto bland and grey. The women, for the most part, were novice public speakers.

But the room was nonetheless gripped. And so, too, should be every university president in Canada.

These five women drawn from across the country, this somewhat unwilling motley crew of survivors and witnesses shut out from justice, this ragtag power group thrust together by rape and assault in a space they though would be safe.

Join The Fight

Canada needs a national plan for campus sexual assault. Tell your story and pressure your MP using **#safercampusnow**

These are the five unlikely women taking on a $40-billion university sector and demanding an end to the ineffective and alienating treatment of sexual-assault victims on campuses — the women who actually stand a chance of winning.

The most nationally known might be Mandi Gray, 28, a PhD student in sociology at York University in Toronto, whose rapist was recently sentenced to 18 months in jail (a conviction he's appealed). She spoke first, in a blend of shy body language and blunt words.

Then there's Paniz Khosroshahy, 20, a swift, staccato-talking third-year women's-studies major at McGill University in Montreal, prone to long tangents.

The poised and eloquent Ellie Ade Kur, 24, a PhD student in geography at the University of Toronto, preferred to stand up and pace, commanding the room like a Ted Talker.

There was Glynnis Kirchmeier, 28, a sharp, pragmatic alumna of the University of British Columbia, now skilled at navigating university bureaucracy.

And, finally Tarrah McPherson, 38, a former student at Mount St. Vincent University in Halifax, a mother of two and the most reluctant public figure of the five.

They had organized this event themselves in early August, calling it "What are Canadian Universities Actually Doing about Sexual Assault?" About 50 people, mostly women in their early 20s, filled a few rows of plastic chairs. It was the culmination of a week-long makeshift conference, where the women and some of their lawyers shared stories, traded legal tactics and began plans for a new, national hub of activism.

The panellists had been drawn to one another over the past few years as their stories hit the news: four women who complained to their school of sexual assault and found their schools wanting; and one woman who witnessed sexual harassment and became an outspoken activist against her school's response. Like a growing number of women, they each chose to go public with their experiences.

> **We're drawing linkages between these cases to demonstrate ... there needs to be oversight.**
> Mandi Gray

But then they went further.

Some started anti-sexual-assault organizations on their campuses. Some filed freedom-of-information requests on their schools' largely curtained bureaucratic processes.

Most significantly, three of them have filed human-rights complaints that could cause profound changes.

Previous known human-rights complaints dealing with campus sexual assault and harassment have centred on arguing that the offences themselves infringed on rights.

But McPherson, Kirchmeier and Gray are each alleging that it's their schools' sexual-assault practices, policies and protocols that discriminate against women — that the very systems supposedly designed to support victims are violating victims' human rights.

It's a unique legal tactic with no known precursor. And if any one of them is successful, it could set the new high bar for how universities handle sexual assault. But the complaints also set out a clear template that women and assault victims could copy, at any university, in any province or territory. The three cases could be just the beginning.

* * *

Gray's case was the first, filed with the Ontario Human Rights Tribunal in June of 2015. It was the culmination of what she described as a "very long battle" with York University after she was raped by a fellow PhD student that January.

"I just wanted to return to campus without having to run into him," Gray told me.

Gray's complaint alleges, among other things, a failure of school policies, a lack of any centralized place to report and get information, a lack of adequately trained staff and a requirement to enter a school-administered tribunal process without her consent. In essence, she says, York discriminates against women in its approach to redressing complaints.

In response, York has defended its support for sexual-assault survivors, including counselling, emergency financial support and housing. It's also in the midst of developing a distinct sexual-assault policy to comply with Ontario's new Bill 132.

But Joanna Birenbaum, Gray's lawyer, told Metro that her client's human-rights complaint demands much more from schools' sexual-assault policies than the new legislation requires.

* * *

Meanwhile, in Halifax, Tarrah McPherson had been facing similar institutional challenges at Mount Saint Vincent University after claiming sexual harassment by a professor. She alleges the school dissuaded her from filing a formal complaint, that support and advice was delayed and that the school did little to help her as she struggled academically. MSVU didn't have a separate sexual-assault policy at the time of her complaint; it has since created one.

"I didn't even know (a human-rights complaint) was an option for me," she said, until she did some research. In looking for precedents, she discovered Gray's case. Months later, in October 2015, McPherson's complaint was accepted by

IN-DEPTH | HUMAN-RIGHTS COMPLAINTS

Three of the five women in this story have made human-rights complaints central to their advocacy.

What are they?
By law, every Canadian has the right to personal security and freedom from discrimination. Anyone who believes their rights have been violated — by their employer, say, or school — can complain to a federal or provincial agency.

How do they work?
If the agency accepts the complaint, there may be attempted mediation or early settlement. If unsuccessful, the matter moves to a court-like tribunal.

What do they accomplish?
Tribunals can set penalties and monetary damages. The decisions also serve as precedents.

Day 1: The power of five

the Nova Scotia Human Rights Commission. Part of her claim asks for the school to improve its sexual-assault policies.

• • •

When Glynnis Kirchmeier, the UBC alumna, heard about Gray's case, it gave her a few ideas. Unlike Gray, she had not experienced sexual violence. But she had played a critical and visible role in excoriating UBC for policies that impacted her fellow students.

She filed a freedom-of-information request first, looking for details on UBC's policies and privacy rules. Then she hired Clea Parfitt, a lawyer with experience litigating against universities. Together, they wrote the complaint as a kind of road map, a detailed account of what both lawyer and client believe a campus should have so as not to discriminate against women. Kirchmeier's complaint — filed in March 2016 to the B.C. Human Rights Tribunal — is also different in its third-party status. Sexual-assault survivors will testify as witnesses, if necessary, but the mere fact of the complaint means it's possible for anyone in B.C. to challenge a university's sexual-assault protocols.

• • •

For all three complaints, this fall will be pivotal.

On Oct. 24, Kirchmeier's case will enter mediation in B.C., where lawyers, UBC administrators and Kirchmeier will sit down to figure out if a deal can be struck without further litigation. (UBC wouldn't comment on specifics, beyond its participation in the process.) If that fails, the next step is to schedule a hearing.

Sometime in November, Gray's case is expected to enter a similar process. Nova Scotia's Human Rights Commission is investigating McPherson's case, and the decision about whether to move forward to a board of inquiry is expected in the coming months. (Mount Saint Vincent University did not comment on the case but will "comply fully with any investigative process.")

But the larger political project, as Gray describes it, lies in this new national network the women are forming: "We're drawing the linkages between these cases to demonstrate this is, in fact, a systemic-level issue and there needs to be some kind of oversight, an external body to hold these universities accountable."

When Paniz Khosroshahy was raped by a fellow McGill University student in Sept. 2014, she felt the lack of just such a group.

"I had no idea what was going on in other schools because there's no centralized group that's sharing all this information," she said. "That's one of the problems we want to hopefully address." She envisions a website that shares stories and educates students on the laws in their provinces.

For Ellie Ade Kur, who was sexually assaulted while an undergraduate at the University of Toronto, grassroots community organizing holds the best hope — more than revised policies or legislation — of giving sexual-assault survivors the support they need.

At that first national meeting, that hot summer evening, the women had few kind words for consent education, the posters, buttons and campaigns that swept across university campuses last month.

Gray dubbed it "the fetishization of consent education," an easy PR tactic far less expensive and time consuming than creating a comprehensive response to sexual assault.

"My attacker knew what consent was," Gray said, as the panel was winding down.

"I don't need a hashtag," Ade Kur said. "I need help."

The plan

Mandi, Tarrah, Glynnis, Ellie and Paniz have only met once face-to-face. But from separate parts of the country, they're coordinating a national movement.

1. Going public. All five are putting their names and reputations on the line, speaking to media to grow awareness.

2. Telling their stories. Khosroshahy has written columns about her assault. Gray blogs and is making a documentary.

3. FOIA requests. Using access-to-information laws, the women have requested their policies and correspondence.

4. National organization. They envision an online portal with legal info, survivor resources and advocacy.

5. Human-rights claims. By alleging school policies infringe rights on the basis of gender, and by demanding remedies, the women provide a road map to advocates.

About the series

Mon. | The power of five
The most organized and important Canada-wide effort to combat campus sexual assault comes not from the RCMP or Justice Department but from an unlikely crew of five normal young women from across the country.

Tues. | A federal vacuum
The problem is national, but solutions have been regional and parochial.

Wed. | The U.S. example
The U.S.'s federal anti-discrimination laws and directives from the White House combine to create more rigorous requirements for American post-secondary schools to protect students.

Thurs. | Dearth of data
There is no national database on campus sexual violence. We don't know how big the problem is because no one is incentivized to find out.

Fri. | The way ahead
We have a problem; we need a plan.

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Rebels called on to surrender

Syrian volunteers carry an injured person on a stretcher following Syrian government forces airstrikes on the rebel held neighbourhood of Heluk in Aleppo, on Sept. 30. AFP/GETTY IMAGES

SYRIA

UN says Aleppo health services have been 'all but obliterated'

Syrian rebels and pro-government forces clashed Sunday on several fronts around Aleppo as the country's military command called on militants to lay down their weapons and evacuate the contested city.

A day after pro-government forces captured the strategic al-Shuqeef hill north of the city, the Britain-based Syrian Observatory for Human Rights monitoring group reported fierce fighting in areas near the hill and in the Bustan al-Basha neighbourhood.

The two sides also clashed in Aleppo's southern Sheikh Saeed neighbourhood.

The government's attempt to penetrate Aleppo's opposition-held eastern side has been accompanied by a relentless campaign of airstrikes by Russian and Syrian warplanes.

President Bashar Assad's forces are depending on the Russia bombardment and Iran-backed militias for support.

A spokesman for the Nour el-Din el-Zinki rebel faction told The Associated Press that foreign fighters were actively participating in the government's ground campaign. He said rebels could identify Lebanese and Iraqi militias by their flags.

> **We are in a race against time to protect and save civilians.**
> Stephen O'Brien

An airstrike, meanwhile, targeted a rebel headquarter near the central city of Hama, killing at least six militants, the Observatory said.

The UN's humanitarian chief, Stephen O'Brien, reported that eastern Aleppo's health system has been "all but obliterated" by shelling and bombardment.

"Medical facilities are being hit one by one," O'Brien said in a statement that called for a 48-hour humanitarian pause to the fighting each week. The UN estimates 275,000 people are trapped by the government siege.

"We are in a race against time to protect and save civilians in eastern Aleppo city. They need our urgent action to bring an end to their living hell," O'Brien said.

One of Aleppo's largest hospitals, located in the eastern Sakhour neighbourhood, was knocked out of service Saturday by the airstrikes, doctors and activists reported.

The Syrian military command said in a statement on state media that government forces would guarantee gunmen safe passage out of opposition-held neighbourhoods.

The UN says at least 320 civilians have been killed since Sept. 22. THE ASSOCIATED PRESS

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COLOMBIA

Santos 'won't give up' on peace

Colombians rejected a peace deal with leftist rebels by a razor-thin margin in a national referendum Sunday, scuttling years of painstaking negotiations and delivering a major setback to President Juan Manuel Santos, who vowed to keep a cease-fire in place and forge ahead with his efforts to end a half-century of war.

"I won't give up. I'll continue search for peace until the last moment of my mandate," Santos said in a televised address appealing for calm and in which he tried to reassure voters he was in complete control of the situation.

Juan Manuel Santos holds up a peace sign Sunday. AP

To save the accord, Santos ordered his negotiators to return to Cuba on Monday to consult with FARC leaders who watched the results come in from the communist island. He also promised to listen to opponents in a bid to strengthen the deal, which he said is Colombia's best chance for ending a conflict that has killed 220,000 people and driven almost 8 million people from their homes.

"I've always believed in a wise Chinese proverb to look for opportunities in any situation. And here we have an opportunity that's opening up, with the new political reality that has demonstrated itself in the referendum," he said.

THE ASSOCIATED PRESS

EGYPT

Call for virginity tests draws ire

A women's rights group has filed a legal complaint against an Egyptian lawmaker who called for mandatory virginity tests for women seeking university admission, the Al-Masry Al-Youm newspaper reported Sunday.

It quoted Maya Morsi, head of the state-sanctioned National Council for Women, as saying the complaint demands the expulsion from parliament of Ilhami Agena and a criminal investigation into his actions. She said the lawmaker was harming the reputation of Egyptian women, men and the country itself.

Agena said in an interview last week that virginity tests were needed to combat the proliferation of informal marriages, known as "gawaz orfy," between students. Virtually expense free, such marriages have become more popular in recent years because of high youth unemployment and a shortage of affordable housing.

The gawaz orfy is widely viewed as a religiously sanctioned way of having premarital sex, a taboo in mostly conservative and majority Muslim Egypt. Muslim clerics have spoken out against such marriages.

In Egypt, as in other conservative, Muslim countries, a young woman's virginity is widely seen as a matter of family honour, the loss of which could prevent her from getting married.

The military was alleged to have conducted virginity tests on 19 women arrested after troops violently broke up a protest in Cairo's Tahrir Square in March 2011, shortly after longtime President Hosni Mubarak resigned. THE ASSOCIATED PRESS

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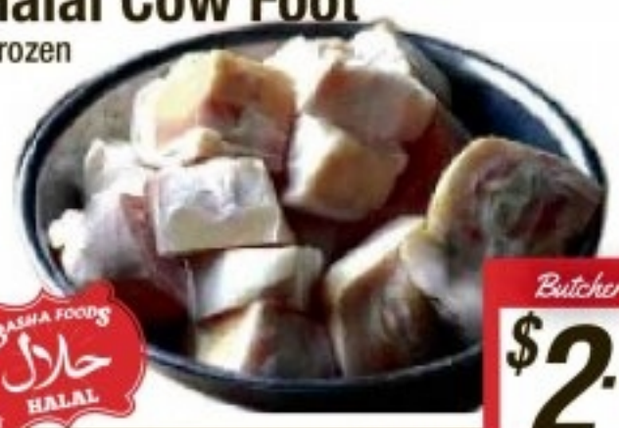

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States seek to bridge U.S. privacy law gaps

INTERNET

Old rules prevent release of digital memories

When a loved one dies, laws cover how their houses, cars, and other property are passed on to relatives. But the rules are murkier — and currently far more restrictive — when it comes to pictures on Facebook, emails to friends or relatives and even financial records stored in online cloud accounts.

Google, Facebook and other companies have said a federal privacy law approved decades before digital storage became common prevents them from releasing electronic memories or records unless the account owner grants permission — even if the person is dead.

Without an estate plan, families must try to crack their loved one's passwords or take the costly step of litigating the matter to access photos and emails — and some have, with little success.

I post a lot of photos. If something were to happen to me, maybe my wife would like to have access to those photos.
Rep. Emanuel Chris Welch

The laws governing how to divide belongings after someone dies have not caught up with the technological advances that have permeated the ways people communicate, but states have begun trying to bridge that gap. This year, Illinois was one of 19 states that passed similar laws to clarify what internet companies can release after someone dies and when information should remain inaccessible.

"I post quite a bit on Facebook. I post a lot of photos. If something were to happen to me, maybe my wife would like to have access to those photos," said Rep. Emanuel Chris Welch, a state legislator from suburban Chicago who sponsored Illinois' measure on the topic.

With the new laws, unless a person expresses otherwise, companies will release basic information from a user, such as the person's email contact list, to help find friends or gather an inventory of a person's assets.

But to get the actual contents of the emails — even the subject lines — or photos and documents stored in a cloud service, people must proactively specify who they want to have their digital belongings.

The federal Electronic Communications Privacy Act, passed in 1986, doesn't anticipate the release of online information when executing wills. Because probate law is typically left to the states, the laws legislatures are passing could effectively set new rules.

THE ASSOCIATED PRESS

AGRICULTURE

Hemp farms take root in pilot program

A lush field of cannabis growing on a secluded hilltop in central New York may look and smell like marijuana, but its myriad uses don't include getting high.

New York's first legal hemp farm in decades has taken root under a pilot program that's part of a national resurgence of a plant that's prized for making food, clothing and shelter but long banned along with its smokable cousin.

"The versatility of this crop is amazing," said JD Farms co-owner Mark Justh, who left an international finance career to grow organic hay and pastured beef cattle and pigs on farmland northwest of New York City. He added organic hemp to the mix this summer under a research partnership with Morrisville State College.

Because of its resemblance to marijuana, the hemp field at JD Farms had a prominent "No Trespassing" sign that advises "No THC." Even if marijuana plants were hidden among the hemp, cross-pollination would render the pot impotent.

Hemp has been used for millennia as a source of oil, protein and fiber used in clothing, rope and paper. Modern uses include cosmetics, nutritional supplements, biofuels, building materials and pharmaceuticals.

Justh was thinking of growing it simply as a cover crop — a crop grown for soil enrichment — when he met Dan Dolgin, who was looking to partner with a farmer to grow it for its broad market potential.

"Hemp is a triple-value crop, with a multitude of products made from the seeds, stalks and fibre," Dolgin said.

The trade group Vote Hemp estimates the value of hemp products in the U.S. at $600 million. But that's based on imports because U.S. farmers weren't allowed to grow it until now

Since the "reefer madness" war on marijuana in the mid-20th century, the U.S. has been the only industrialized nation where hemp farming was illegal. Industrial hemp and marijuana are both forms of cannabis, but hemp lacks the active ingredient THC.

THE ASSOCIATED PRESS

TARIFFS

U.S. trade chief to meet lumber execs

Canadian softwood lumber executives will meet this week with America's trade ambassador as they brace for the prospect of U.S. tariffs that they say could result in mill closures and layoffs.

U.S. Trade Representative Michael Froman will speak with the Canadian lumber industry in Toronto on Wednesday, days before U.S. producers could start petitioning Washington to impose new duties on Canadian softwood.

"I think it's an opportunity to have direct conversations with an absence of filters," said Susan Yurkovich, president of the B.C. Lumber Trade Council.

She remains hopeful that a deal can be reached to avoid a protracted and costly trade war.

Following a decade of relative stability, the expiry of the 2006 softwood lumber agreement and a one-year standstill period on Oct. 12 is expected to push the U.S. to begin the process of imposing tariffs on Canadian lumber imports.

Canada has traditionally accounted for about one-third of the U.S. lumber market, but the U.S. is rumoured to want that to gradually decrease to 22 per cent, said Richard Garneau, CEO of Quebec-based Resolute Forest Products.

THE CANADIAN PRESS

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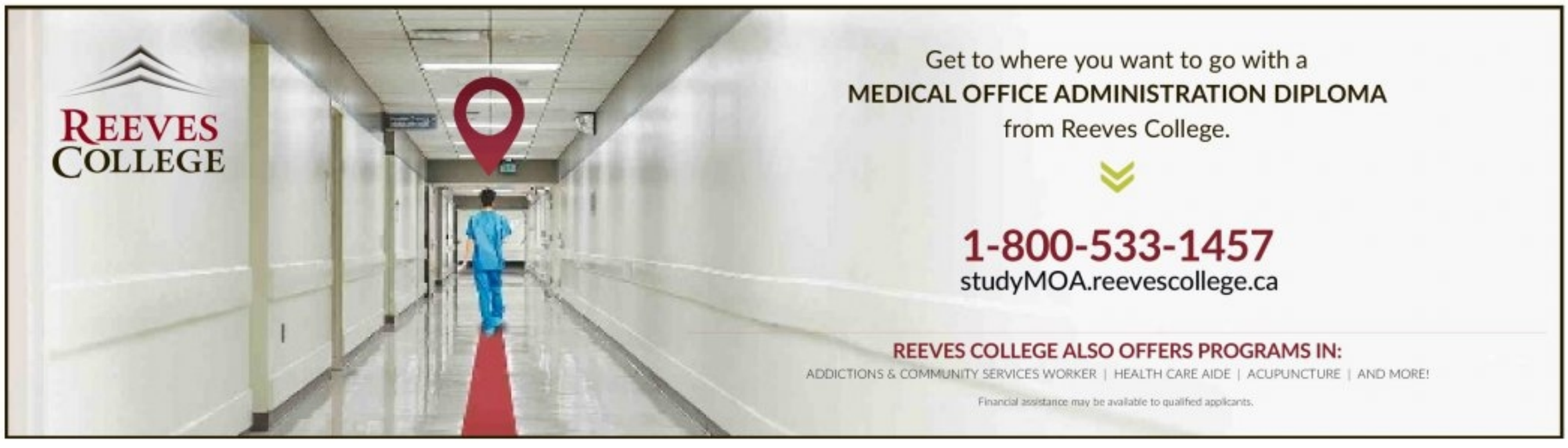

metro VIEWS
Your essential daily news
Monday, October 3, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION
How do I make my married friend stop asking me whether I'm seeing anyone?

Dear Ellen,

I was out with a friend who is married. I really like her, and even though we only see each other a few times a year, we always have lots to talk about, except that she always asks if I'm seeing anyone, which makes me feel bad. I feel like she is judging me, or like I'm disappointing her. But I'm afraid to say anything in case I sound defensive. How do I politely get her to stop asking me this question all the time?

Signed,
Single Lady

Dear Single,

A good marriage is a blessing. Who wouldn't want to go through life shoulder to shoulder with a trusted ally whose love and support heightens every joy and softens every blow? Many single people desperately yearn to have this someday. As do many married people.

I'm always suspicious when marrieds persistently check up on everyone else's relationship status — the phrase "misery loves company" springs to mind. In my experience, people who are happily married don't care whether anyone else is or not. They don't need to constantly monitor your progress, or lack thereof, toward coupledom in order to feel better about their own coupled-unto-death existence.

Whatever their motivation, you have every right to feel affronted, because it's rude. Even in the olden days, when marriage was mindlessly accepted as the only acceptable outcome, asking whether you're paired with anyone would have been inappropriate. Nowadays, with marriage reduced to a half-normal proposition, it's even more presumptuous and inappropriate.

You have every right to feel affronted, because it's rude.

Some people ask out of crass ignorance. They don't realize that wanting to know if you're "seeing someone" is basically asking, "Ya gettin' any?" One way to handle this is to answer, "No, not at the moment, but since we're on the subject, what about you? Are you and your partner having sex these days? I hear a lot of married people get bored with their sex lives, and I guess having children really kills it." If they take offence at this, simply tell them: "Gosh, I'm so sorry, but I'm only asking because I care about you and I want you to be as happy as I am with my insanely good, unmarried sex life!"

Worse than crass, but more to be pitied, are the unhappily married people who ask out of a subconscious need to be validated. These are the people who go though life doubting their own choices, while fearing and despising anyone who makes different choices (and being single is just as much a choice as getting or staying married; anyone with a pulse and Internet access can be in a relationship if they really want to be).

In other words, if you feel your friend is "judging" you, or that your single state is "disappointing" her, you're probably right. Chances are, she needs everyone to be — or at least want to be — married like her. You could broach it with her if you want a deeper, more honest relationship. Otherwise, let her have it. For her, pretending it's better, or luckier, or smarter to be married, and being able to lord it over poor pathetic unmarried you, might be the only thing keeping her warm at night.

Need advice?
Email Ellen:
scene@metronews.ca

Sunny ways carry a whiff of Harper days

Thomas Walkom

When Justin Trudeau's Liberals won last year's election, many Canadians were ecstatic.

Compared to outgoing PM Stephen Harper, Trudeau seemed — to these voters at least — a breath of fresh air.

The working assumption was that things would be done differently in Ottawa. As it turned out, some things were very different.

The new Liberal government negotiated a deal with the provinces to expand the Canada Pension Plan, something the Harper Conservatives were dead-set against. It also replaced Harper's universal baby bonus with one targeted to income.

It established the inquiry into murdered and missing indigenous women that Harper refused to set up. It reduced the eligibility age for full old-age security back down to 65.

But in key areas, Harperism remains.

The country got a taste of that last week when Ottawa approved a liquefied natural gas plant on British Columbia's Pacific coast, as well as a pipeline to that plant.

It was the same decision Harper would have made. And it angered the same critics.

Environmentalists pointed to the massive increase in carbon emissions that will result from the decision. Some First Nations said it will destroy the local fish habitat.

Like Harper, the new prime minister is willing to sacrifice environmental and aboriginal concerns to get things done.

Like Harper, they have relied on the provinces to curb climate change. Unlike Harper, they are talking of setting a national carbon price. But they have given no hint as to whether this national price will reduce emissions sufficiently to allow them to meet their targets.

In fact, unless any new national carbon price is higher than those already in use by Ontario, Quebec, Alberta and B.C., it won't suffice.

On terrorism and national security, the new government is resolutely Harperesque.

The Liberals promised to roll back elements of Bill C-51, Harper's addition to anti-terror laws. But so far they have done no such thing.

In fact, as Canada's privacy commissioner has noted, under the Liberals, security services are using some of the new powers apace.

Militarily, the Trudeau government kept its promise to remove Canada's fighter planes from the war in Iraq. But it compensated by tripling the number of Canadian military advisers who are on the ground in that war.

The means may differ from those employed by Harper. But the aim is unchanged.

On it goes.

The economy? Harper preached pipelines, free trade deals and foreign investment. So does Trudeau. The two have differed, though, on which pipelines to back.

They may have disagreed on when to run deficits, but both were willing to put government finances in the red in order to boost economic growth.

None of this is to suggest that Trudeau's Liberal government is identical to that of Conservative Harper. It is not.

But there is a remarkable continuity.

Thomas Walkom is a national columnist for the Toronto Star.

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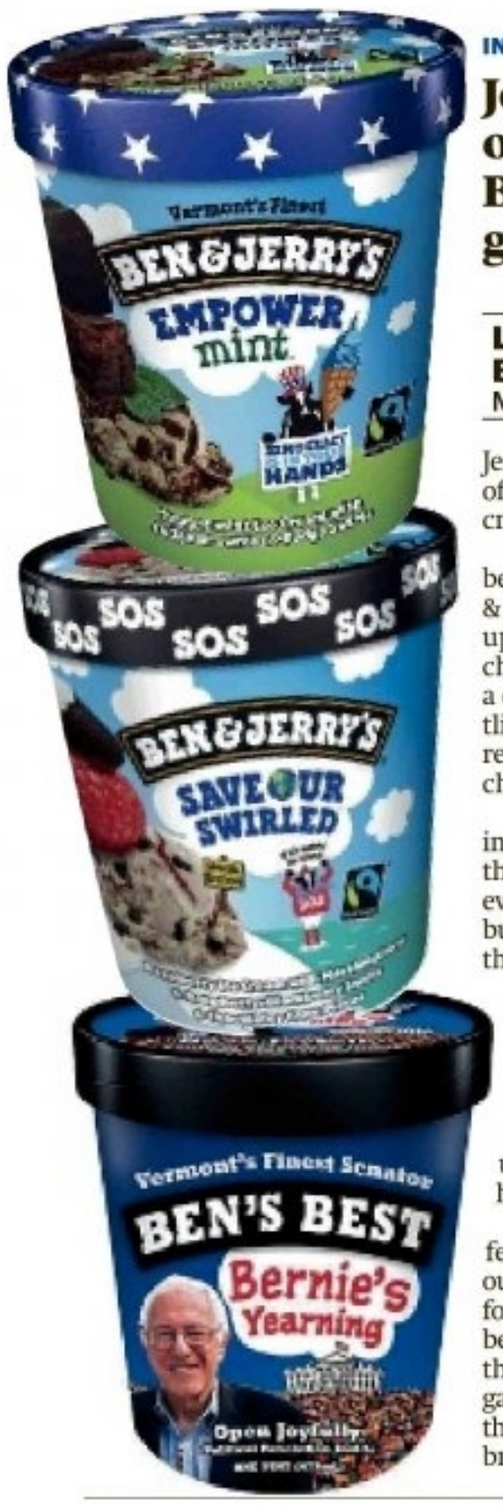
Your essential daily news

Monday, October 3, 2016

New York Review of Books has published a piece that claims to reveal the identity of Elena Ferrante, prompting outrage on Twitter. "Surprised at how angry I feel about @NYBooks' unmasking of Elena Ferrante. Esp its 'justification' that her success made it 'inevitable,' tweeted author Jojo Moyes

A double scoop of social justice



INTERVIEW

Jerry Greenfield on the reasons Ben & Jerry's gets political

Liz Brown
Metro | Canada

Jerry Greenfield is well aware of the power of a scoop of ice cream.

After greeting me with a giant bear hug, the co-founder of Ben & Jerry's sets about scooping up free cups of his chocolate chip cookie dough flavour for a crowd of students before settling down to discuss the real reason he's in Toronto: climate change.

Greenfield was participating in a forum last week as part of the Enactus World Cup — an event that brought students and business leaders from around the globe together to talk about how entrepreneurship can fuel social change.

It was a crafty move to offer free treats to hungry conference attendees, perhaps even an attempt to sweeten up the people who may ask hard questions.

Indeed, after indulging, I feel a bit hypocritical pointing out his company's own carbon footprint — but I forge ahead, because nearly 15 per cent of the world's global greenhouse gases come from livestock (and the dairy cattle that produce his brand's ice cream). It's a point that needs to be addressed.

"It's interesting, when we did our analysis, we found that 42 per cent of our (CO_2) impact is through dairy," he concedes.

But Ben & Jerry's has been leading the way with new technology in an effort to slash their greenhouse emissions by 80 per cent by 2020. This includes purchasing 100 per cent of its electricity from renewable sources for all its U.S. sites and using a machine nicknamed the Chunkinator at its factory in the Netherlands, which transforms ice cream byproducts into energy.

"We're not on track," admits Ben & Jerry's PR director Sean Greenwood, when asked how close they are to meeting that 2020 goal. "But that's the exciting part of it, there are renewable energy technologies being developed every day that are going to help us meet that goal."

Upon cursory examination, this all seems like another corporate feel-good mission, except it's coming from Greenfield — a guy who earlier this year was arrested for 'unlawful demonstration activities' at the U.S. Capitol, along with his sidekick Ben Cohen.

In April, they joined 300 other protesters as part of the Democracy Awakening movement to protect voting rights, reduce corporate influence on politics and ask for action on climate change, and workers' rights.

"There's not enough social justice in this world," says Greenfield when asked why he's been so vocal about so many issues.

For him, climate change is the greatest social issue of all because of the impact it has on the world's poorest nations, who depend more heavily on weather conditions for their livelihoods and successful agriculture.

"We strongly felt at Ben & Jerry's that if we were going to be involved in making this product that has such a heavy impact, we need to do whatever we can to minimize those impacts," he says.

Ben & Jerry's, which started and has its headquarters in Vermont, has always had an activist streak. In the 1980s they took a position on U.S. military spending, pushing the government to take money out of the Pentagon budget and use it for more 'human' needs like education and health care.

More recently, both Ben & Jerry were vocal in their support of Bernie Sanders' run for the Democratic nomination, with Ben even coming up with a special flavour — Bernie's Yearning — a 99 per cent vanilla flavour with a one per cent hard chocolate top.

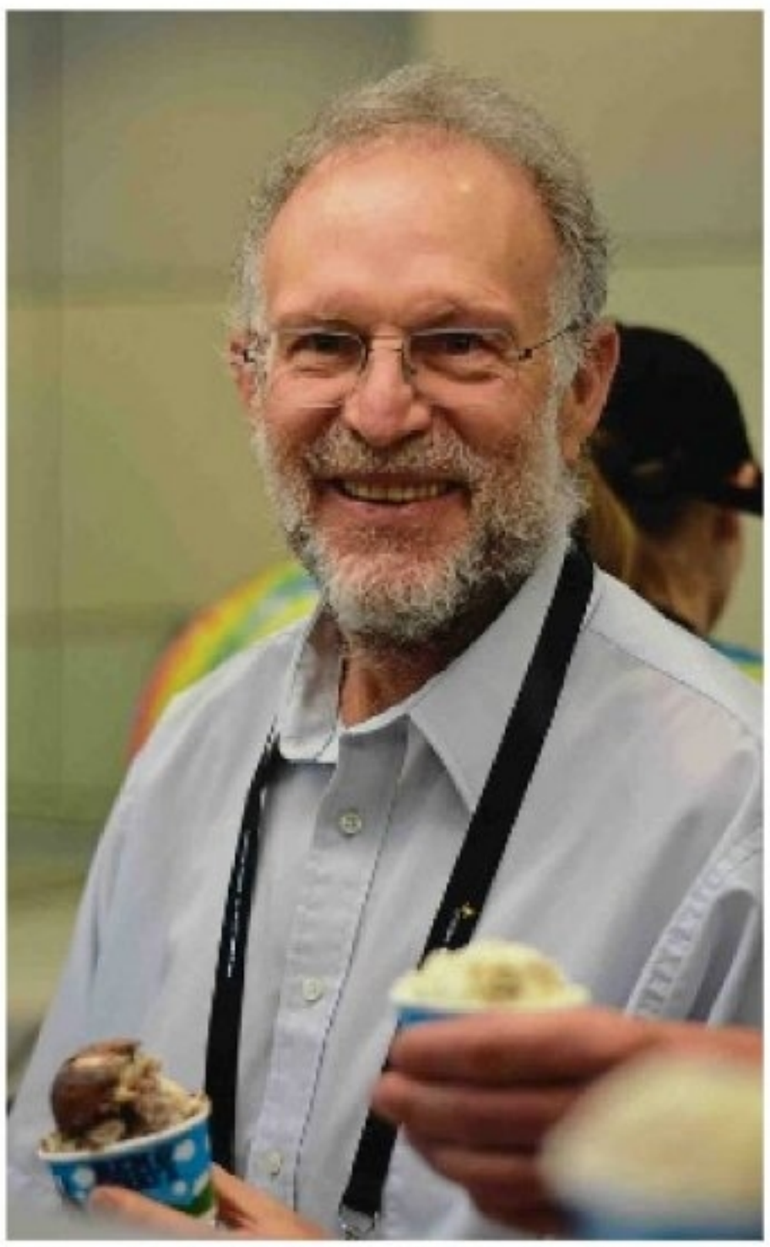
"It was NOT a Ben & Jerry's flavour," clarifies Greenfield. "But it was part of the Ben's Best Line of Flavours, which contains only one flavour. This one."

When asked if the pair would ever consider making a custom flavour for Hillary Clinton or Donald Trump, Greenfield shakes his head. "Don't hold your breath."

But back on the topic of being an activist businessman: "What ice cream really helps with is that it's allowed Ben & Jerry's to talk about pretty serious, divisive issues, but to do it in a way that is lighthearted, and over sharing ice cream together."

"It opens up people's hearts to be eating ice cream. Particularly if it's free," he says, laughing.

And once he has the people sweetened up — "they'll be willing to consider social justice."



Jerry Greenfield scoops ice cream for attendees at the Enactus World Cup in Toronto last week. LIZ BROWN/METRO

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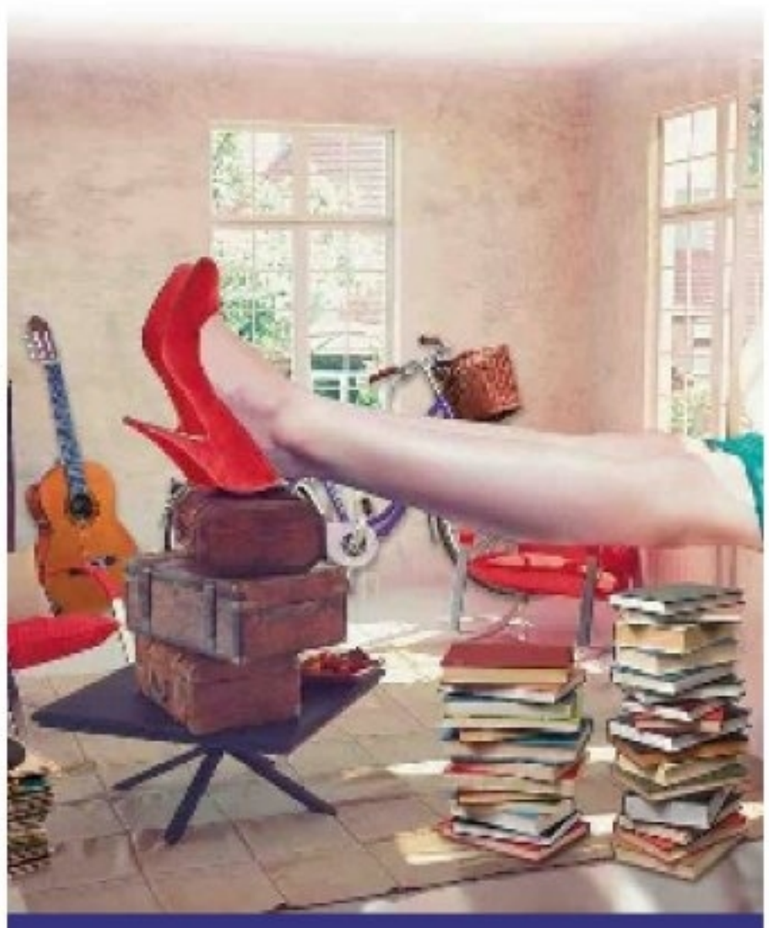

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Atwell trades Agent Carter for the greyer Conviction

TELEVISION

Actor relishes transition to antihero from superhero

After only months off TV, Hayley Atwell has a new starring role this fall — and fans might marvel at the transition.

Atwell is best-known for portraying the altruistic postwar do-gooder (and Captain America's doomed paramour) Peggy Carter across Marvel's many squeaky-clean Avengers properties, including the lamentably cancelled Agent Carter.

It was a Hulk-worthy leap from that to her new role: a troubled former first daughter who takes a job trying to help innocent prisoners, only to evade a cocaine charge on Conviction, premiering Monday on CTV.

And she relished making the transition from superhero to antihero. "It's almost like Chelsea Clinton has been hanging out with Lindsay Lohan," she mused about her prickly character.

Days before the show's launch, Atwell sat down for a chat with Torstar News Service.

I can't think of many network shows that reference the protagonist doing cocaine.

It's one of the things that was so appealing to me in playing her. I thought it was quite bold of a network to open with that, and it progresses in every script we've done since.

Is there social commentary in a show about the flaws of the legal system?

We just did an episode that was originally titled "Black Lives Matter"; that is very much the focus point of the case of that episode, and brilliantly so. We don't just want people to watch Conviction before they go to bed to help them sleep. It'll engage with them and make them want to have conversations with each other about what's happening.

Are there any legal procedurals you've especially liked?

I'm really weird. I don't have a television. I only watch shows that are five years old because enough people I love and respect convinced me to watch them. Myself, I like avant-garde theatre in the U.K. — the work of Ivo van Hove and Rob Icke and Simon Stone. I read weird books or poetry.

TORSTAR NEWS SERVICE

Hayley Atwell plays a troubled former first daughter in Conviction, premiering Monday on CTV. CONTRIBUTED

JOHANNA SCHNELLER WHAT I'M WATCHING

Playing cyborg an actor's dream

THE SHOW: Westworld, Season 1, Episode 4 (HBO)
THE MOMENT: Playing cyborg

Evan Rachel Wood plays the lifelike android Dolores in Westworld. CONTRIBUTED

Deep inside the hyper-realistic Westworld theme park, cyborg programmer Bernard (Jeffrey Wright) runs a diagnostic test on lifelike android Dolores (Evan Rachel Wood). Guests pay $40,000 per day for the privilege of raping and murdering the robots, who are then rebuilt, their memories wiped. But Dolores is beginning to remember.

"What happened to your parents?" Bernard asks.

Dolores hyper-ventilates, cries. "Reduce emotional affect," Bernard orders.

Dolores's face and voice fall. "They were killed," she says flatly.

"I can make your pain go away," Bernard says.

"The pain is all I have left of them," Dolores says. "You think grief will make you smaller inside, but it doesn't. I feel spaces opening in me, like rooms I've never explored."

"Did we write that for you?" he asks.

"I adapted it from a scripted dialog about love," she replies.

Westworld is full of complex ideas, written smoothly into the characters and plots: Playing God makes one insane. Violent delights have violent ends. It's heady stuff, often horribly sad.

But man, it must be a hoot to play a cyborg. Wood, James Marsden (cowboy) and Thandie Newton (whorehouse madam) play the lead robots, but there are literally scores of others, often naked, often blown apart by the guests. (It looks fantastic — production costs must be staggering.)

What could be better for a thesp than toggling between programmed character and blank slate; than playing multiple death scenes, love scenes, scenes of bravery and fear? Westworld is a fever dream about how precarious civilization is. It's an actor's dream, too.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

5 BEST MONEY-SAVING TIPS FROM GAIL VAZ-OXLADE

As we head into the holiday shopping season, money is top of mind for many. Metro's editors selected their favourite pieces of advice from recent **Gail Vaz-Oxlade** columns to inspire financial health in the months ahead.

1 Teach kids about 'marketing magic'

Children can't differentiate between what's real and what's marketing magic. You actually have to teach your kids that advertising exists to sell products, that special effects can exaggerate a product's operation, and that the ads don't always include all the information.

2 Host clothing swaps

Looking for a way to get some "new" in your life without dropping big bucks? Why not hold a "new-to-you" party? Get together with some friends and exchange what they have for what you have. In the old days these were called Swap Parties; all kinds of things can be swapped.

3 Review statements

It's not enough to pay your bill. Compare the charges that come through on your statement with those you noted in your spending journal; that's the only way you'll know if you've been overcharged, if your account has been fraudulently used, or if you've been charged in error.

4 Stay out of the stores

Staying out of the stores is a good way to battle emotional spending. Breathing alleviates stress, and it's free. So does walking, singing, watching a funny video, and myriad other stress-busters that don't involve spending money.

5 Thrifty not cheap

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CONCEIVING

IVF is a big time commitment

Patients undergoing fertility treatment can find it hard to balance work with appointments.

When Stephanie Martin was trying to conceive her first child, she was fortunate enough to get treatment across the street from her office. It was a good thing, too, since she had to be there 10 or 12 days each month.

"While colleagues would think I was stepping out for a morning coffee, I was really across the street having an insemination," says Martin. "Same went with fertility acupuncture treatments over lunch time."

For those who experience infertility — an estimated 11 to 16 per cent of Canadian couples, according to a 2012 federal study — this is a familiar dance. "It's a huge undertaking and it's really hard to navigate it with work," says Martin's acupuncturist, Mary Wong, a traditional Chinese medical practitioner and author of a new book called Pathways to Pregnancy: Personal Stories and Practical Advice for Your Fertility Journey. She says most of the time women do not tell their employers they're going through these kinds of procedures.

"People find it difficult to talk about because there is shame.

Mary Wong TORSTAR NEWS SERVICE

There's judgment, that if you can't conceive, maybe you should 'just adopt,'" says Wong.

As a result, many people are silenced by fear of having their choices questioned, says Wong. And that's in addition to the usual trepidation about being counted out of opportunities at work because your manager expects you'll be going on maternity leave soon.

Women going through a cycle of in vitro fertilization (IVF) usually start going into their fertility clinic on Day 3 of their menstrual cycles, explains Wong. If you have a 9-to-5 job, you've got to get to the clinic early in the morning for blood work, a vaginal ultrasound and an appointment with the doctor before hoofing it — often across town — to work by 9 a.m. Also, the timing for injecting hormones is very delicate and may fall in the middle of the workday.

In addition to the conventional medical side, a person who is trying to conceive may also be seeing a naturopath, an acupuncturist and a counsellor, says Martin.

"It can be overwhelming for a fertility patient to do it all and do it all with a brave face as the months pass without success and the fertility clinic bills paid pile up."

Wong recommends that women seek out at least one confidant at work who can provide support and perhaps even cover for them if needed. If your employer is receptive to telecommuting once or twice a week, that can also really take the pressure off because there's no one there to notice if your appointment ran slightly late and where you can easily make up the time by liberating your commute to the office.

TORSTAR NEWS SERVICE

The secret shame of the middle class

Millions of adults don't have savings to cover a $400 emergency, but they don't talk about it because they are embarrassed or ashamed, according a new bok by Neal Gabler. ISTOCK

PERSONAL FINANCE

Most people don't talk about their money stress

Writer Neal Gabler broke the don't-talk-about-money taboo this spring with an Atlantic article, The Secret Shame of Middle-Class Americans. Now he wants everyone to start talking.

"The idea of not being successful financially in America is such a stigma," says Gabler, who revealed in the article that he was among the millions of adults who didn't have savings to cover a $400 emergency. "That's the reason people don't talk about it, because they take their failure personally."

Yet financial stress is epidemic. Nearly three-quarters of U.S. adults admitted feeling stressed about money, and 22 per cent reported extreme stress in a 2015 study commissioned by the American Psychological Association, "Stress in America: Paying With Our Health".

Other studies have shown that financial stress can be lethal: Money worries have been linked to higher mortality rates among cancer patients and those with heart disease.

A study for the Australian government found prolonged financial stress was a strong predictor of subsequent obesity. Obesity is associated with higher death rates. In fact, one study published in the American Journal of Public Health found that obese adults were 20 per cent more likely to die during the 14-year study period than normal-weight adults.

Adding insult to injury, financial stress also seems to make people look older, according to a study published in Research on Aging.

Despite its pervasiveness, most people don't disclose the financial pressures they face. In a study commissioned by Umpqua Bank, 77 per cent of respondents said they didn't talk about their money stress, often because they were embarrassed or ashamed or thought no one would understand.

"Yet, of that 23 per cent of folks who did talk about it, 70 per cent of them felt better after doing so," says Eve Callahan, Umpqua's executive vice-president of corporate communications. "They felt less stressed out, they felt like they had more, a better ability to make financial decisions and live their lives in a way that would be healthy for them."

The survey prompted the bank to launch a podcast series, "Open Account with SuChin Pak," to explore personal stories about money, including Gabler's. The bank also set up a website, MadeToGrow.com, to offer people resources for starting their own conversations.

The idea that talking can help with stress isn't new. Research by James W. Pennebaker of the University of Texas at Austin and others found that talking or writing about traumatic events can alleviate distress, improve immune function and lead to better health.

Gabler, for one, is glad he opened up.

"I'm an extremely private person. I never write about myself," Gabler says.

"I broke my own taboo because I thought there are other people out there who are in a similar predicament and it would help them to know that they are not alone."

Gabler wrote that despite outward appearances of success, he had juggled creditors, had his bank account levied and been down to his last $5 while waiting for a paycheque to arrive.

Even a small amount of savings can help people weather shocks. A study by the Urban Institute found that savings in the $250 to $749 (U.S.) range were enough to dramatically lower the chances a low-income family would be evicted or suffer other serious hardships after an income drop.

The researchers estimated middle-income families need at least $2,000 and higher-income families $5,000, but a starter emergency fund of $400 or $500 can cover many minor emergencies and enhance financial stability.

THE ASSOCIATED PRESS

YOU CAN DO THIS HVAC/R INSTALLATION

A career that's hot and cold

WHY I LIKE MY JOB

Matthew Isaacs, 25, HVAC/R and Building Maintenance Assistant at OCAD University in Toronto, Ont.

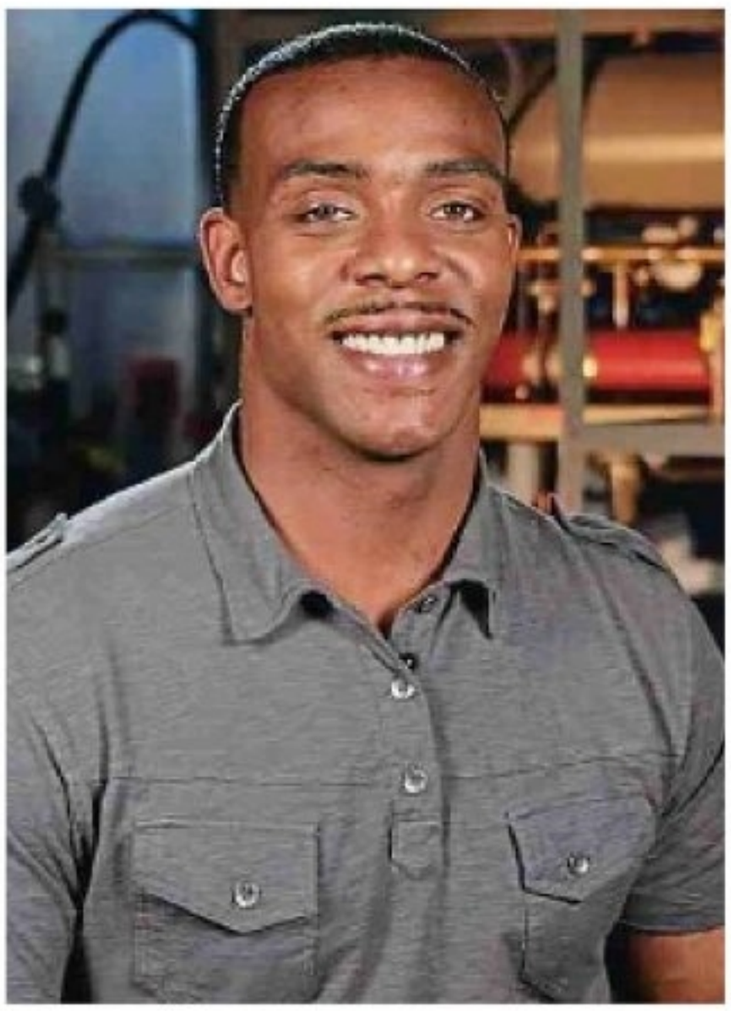
I was introduced to the business of heating, ventilation, air conditioning and refrigeration (HVAC/R) through a few friends who spoke highly of their experience in the industry.

Based on their recommendations and my desire to work in a challenging and technical field, I decided to enrol in Humber College's three-year HVAC/R technology program. There, I gained valuable knowledge of engineering practices, oil codes, piping systems and computer-aided design.

Following graduation, I had the opportunity to apprentice with a company that specialized in residential air conditioner installations and duct cleaning. I've since transitioned to a role with OCAD University, where I am responsible for the general maintenance of various energy systems on campus.

I've always enjoyed piecing parts together to create a working product, which made HVAC/R a fitting career choice.

I've been fortunate to work under the guidance of several experts who have helped improve my knowledge of evolving technologies, and I'm very excited for the opportunities that lay ahead.



THE BASICS: HVAC/R Installer & Technician

$52,500

Median annual salary for an experienced technician.
$52,500

+15%

Projected rate of job growth over the next eight years.

Data for this feature was provided by payscale.com, trade-schools.net, servicecanada.gc.ca and onetonline.org

HOW TO START

The mechanical and electrical principles involved in setting up, maintaining and repairing HVAC/R systems are commonly taught in trade schools or technical colleges. Lasting an average of four semesters, HVAC/R programs provide students with a foundation of knowledge and skills to confidently design and retrofit building systems, including water and fuel supply lines, vents, pumps and air ducts. Graduates will be eligible for a head start on an apprenticeship, involving up to 7,800 hours of paid, on-the-job training before becoming a licensed journeyperson.

WHERE YOU CAN GO

There will always be a demand for heating systems, air conditioners and the experts who install them. Most trained technicians find employment with construction firms, manufacturing plants and retail service outlets specializing in equipment repairs. Opportunities also exist in government buildings — making public safety a top priority.

NEXT CAREER STEP

Those seeking career advancement may opt for a role in equipment sales or consider employment in the gas heating industry by obtaining the provincially-regulated gas fitter certification. Keeping current on industry technology will also prove beneficial, since many modern buildings are upgrading to complex, automated HVAC/R systems.

CALGARY SENIORS' HOUSING FORUM

Living large on a small budget

ISTOCK

You don't have to have a big budget to live a big life. There are plenty of free things an older adult can do to get out of the house, get active and connect with other people — things that bring you a treasure trove of health benefits.

Like mall walking groups. All sorts of interesting people get together for conversations and exercise in a safe warm place. Lunchbox Theatre in Calgary gives seniors tickets to performances in exchange for handing out show programs, greeting guests and taking tickets at the door.

Other volunteer opportunities include being a White Hatter and greeting people at the airport to spending time with other older adults through programs offered at Calgary Seniors Resource Centre. Their free programs for low-income seniors who meet certain criteria include:

• Friendly Visiting: A caring volunteer visits once a week for an hour, reducing the senior's isolation and creating a wonderful relationship

• Assisted Shopping: Seniors are matched with a volunteer who takes them shopping for groceries and other critical items every two weeks. The volunteers help the seniors shop and put everything away when they get home

• Telephone Reassurance: Seniors are matched with a volunteer who will phone regularly at an agreed upon time, providing a friendly voice and the peace of mind that comes with knowing someone is checking in

• Escorted Transportation: Volunteers take seniors to medical appointments and the senior pays a nominal gas fee.

• Pet Assist: Volunteers help isolated and low income seniors take care of their pets including taking them for a walk, monitoring medications and providing support during and after vet visits.

• Adopt a Grandparent Spring Clean Up/ Fall Fix Up/Christmas Cheer Up: Volunteer groups help seniors with cleaning and light landscaping projects around the house, help qualified professionals with renovations and/ or visit isolated seniors over the holidays.

Call the Calgary Seniors Resource Centre to see if you qualify for help (or to help someone else) 403-266-6200. To help out Lunchbox Theatre email audience.services@lunchboxtheatre.com or call 403-265-4292 x 228

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revera
Retirement Living

SENIORS RELUCTANT TO TALK ABOUT DEPRESSION

ISTOCK

Loneliness plays a major role in depression in seniors — men are at the highest risk — and there is a long list of symptoms to watch for.

When someone is depressed they may be tearful, appear to be sad and no longer interested in doing things they used to enjoy. They may gain or lose weight, save difficulty sleeping or sleep too much or become restless, irritated or fatigued. They may talk about feelings of worthlessness or guilt, have difficulty concentrating or appear to be indecisive. A persistent change in demeanour may indicate depression.

"Depressed seniors are often reluctant to talk about their feelings, may show slowed movement and speech, memory problems, may neglect personal care and may turn to alcohol and drugs," says Marilyn Magnuson, an older adult counsellor at Carya. "Seniors may claim not to feel sad while complaining of low motivation, lack of energy or physical problems. Arthritis pain or worsening headaches are often the predominant symptoms of depression in the elderly."

Depression is different than grief, which is a normal part of the aging process. "In normal grieving there are good and bad days but there are also moments of pleasure," says Magnuson.

"Depression is different in that there is a constant level of despair."

And it's different than dementia, which involves a slow mental decline, disorientation, short term memory loss and impaired motor skills.

"Seniors with dementia don't necessarily notice their memory problems," she says. "Those with depression have a rapid mental decline but they are orientated and they notice or worry about memory problems."

Seniors can help beat depression by reducing stress with the help of a doctor or emotional regulation skills like meditation, connecting with other people, exercising, eating healthy food, avoiding alcohol and caffeine.

"Older adults have been raised in a time where mental illness was highly stigmatized and misunderstood," says Magnuson. "They may be too proud or ashamed to express their sadness, or are afraid of burdening loved ones."

Listen without judgment, gently point out realities and offer hope.

Carya and other agencies offer counselling to help seniors work though stressful life changes, heal from losses, process difficult emotions and find coping skills.

Learn more at caryacalgary.ca.

Q+A with Cathy Hume of Calgary Seniors' Housing Forum Society

What is Calgary Seniors' Housing Forum Society? It's a volunteer, not for profit society that has been providing information to seniors around housing since 2003. Our board is made up of experts in the field of seniors housing.

What is the Seniors Housing Transitions? It's one of two free events we hold every year where seniors and their families come and learn about housing and other supports.

Speakers will talk about moving tips, home care, the complete spectrum of housing through AHS like long term care, supportive living etc. In partnership with the Heritage 50+ Seniors organization, there will be many booths that will have housing providers present so you can ask them questions directly about what they offer.

This is very popular event and if interested people should call immediately because we always to full capacity.

I understand there is a long waiting list for subsidized housing, do you know how people can access housing faster? Although we wish we could cure the more affordable housing shortage, which we cannot, we can still answer questions and attendees can learn about some of the options for you if you stay at home, need home care or other supports.

If people can't come to the Seniors Housing Transition, how can learn more about seniors housing options in Calgary? You go to our website seniorshousingnow.ca and we have five pages in Metro every two months, so follow us for updates and key information on housing.

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A home, with a feeling of purpose and community

ISTOCK

Seniors are a diverse group of people and "one size does not fit all." At Covenant Living the aim is to provide a "worry-free retirement lifestyle" for any and all independent seniors in a culture based on respect, trust, wellness and vitality.

"We work with residents to provide a home, a feeling of purpose and community, and an environment that will support them but also challenge them to live their best life," says Truman Severson, president at Covenant Care and Covenant Living, part of the non-profit Covenant family of organizations.

"Independence, as we define it at Covenant Living, is also an individual and dynamic concept," he says. "For example, you may be living with a chronic health condition, you may have mobility issues, and you may be experiencing vision or hearing difficulties — and still be independent with minimal support in the right environment"

At Martha's House in Lethbridge, Covenant's first senior's retirement living development, there is 100 per cent occupancy and a waiting list.

"From opening 11 years ago Martha's House has been full of satisfied, engaged residents," says Severson. "The resident satisfaction is evident in their feedback and can be seen and heard by the smiling, laughing residents enjoying life."

Over the years, Martha's House has earned a reputation as a warm and welcoming community for people from all backgrounds and walks of life and now Covenant is opening a residence in Calgary in October, Evanston Summit.

"We feel that the 'pioneer' residents that join us in our opening phase will be delighted and word will spread quickly," says Severson.

Covenant Living offers a choice of rental or different lease programs to give residents financial flexibility.

"The life lease program is available at a 100 per cent level where you pay full entrance fee or at a 50 per cent level where you pay half of the entrance fee," Severson explains. "The best value of the life lease program is that we will buy back your suite at 99 per cent of your purchase price."

Covenant's caring and dedicated staff, variety of activities and amenities, dining and housekeeping allows residents to enjoy maximum independence along with access to home care services if needed.

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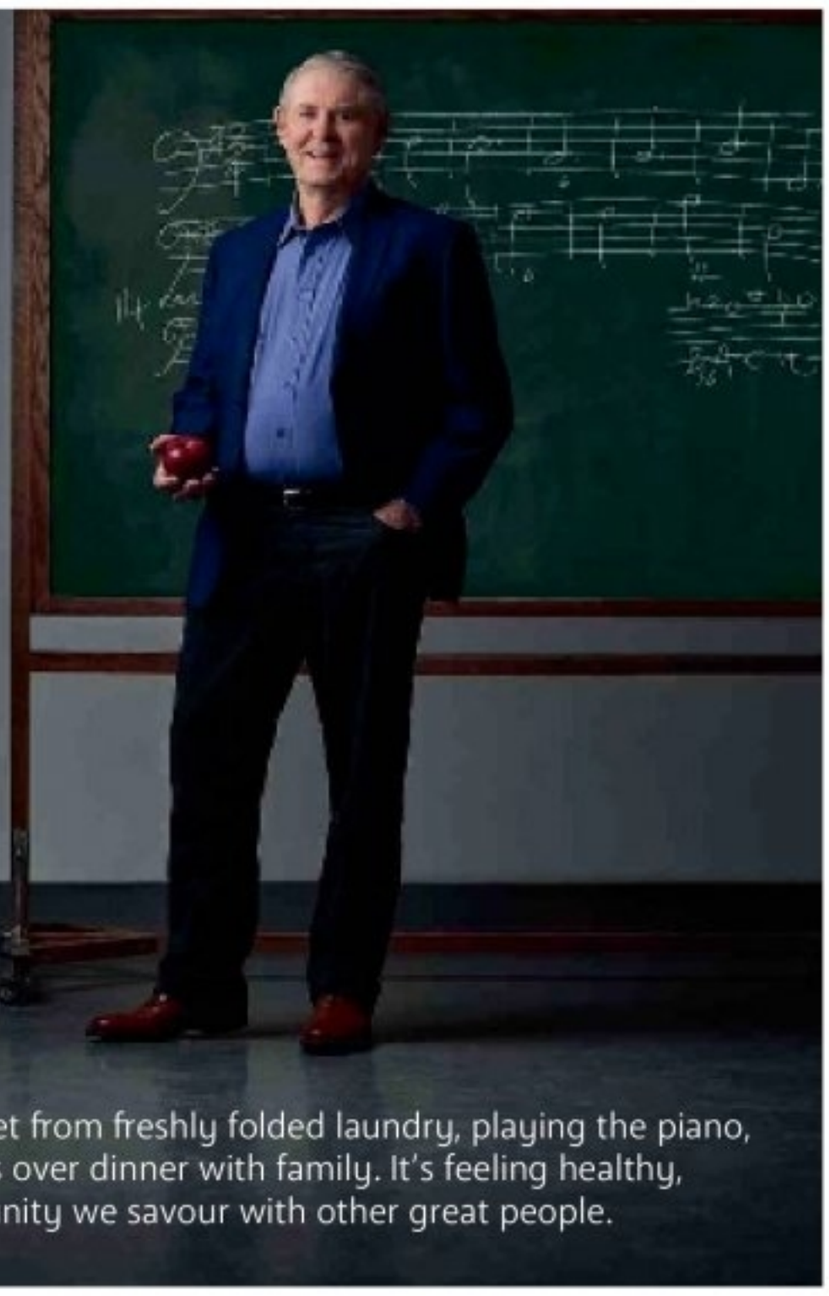

Home. It's where we live. It's the feeling we get from freshly folded laundry, playing the piano, singing with friends and shared moments over dinner with family. It's feeling healthy, eating well and enjoying the community we savour with other great people.

WAIT LIST FOR AFFORDABLE HOMES CONTINUES TO GROW

A significant number of Canadians are headed toward retirement age without employer pension plans or sufficient savings to maintain their standard of living — and this has broad implications for housing.

"Almost a third of seniors have nothing saved," says researcher Richard Shillington of Tristat Resources, whose comprehensive study An Analysis of the Economic Circumstances of Canadian Seniors was published this year by the Broadbent Institute.

Locally, there are 4,000 households now on the wait list for homes through the city-owned Calgary Housing Co., which manages affordable housing for low-income Calgarians, and a quarter of those waiting have one or more members over age 60.

The list is getting longer, says Calgary Housing Co. president Sarah Woodgate. "The growing wait list is a clear indicator of the continuing shortage of affordable housing options in Calgary," she says. "This shortage will continue to impact many of the most vulnerable members of our community — including a growing number of seniors."

Shillington's study found the median amount of retirement savings among those age 55 to 64 without an employer pension plan is just $3,000.

A large group is relying on Old Age Security, the Guaranteed Income Supplement and the Canada Pension Plan to support them through retirement.

"The poverty rate for seniors is going up," Shillington says. "OAS, GIS and CPP together add up to about $18,000 a year." The amount varies, of course, depending on earning history.

For those who own homes the picture is a bit better. Owning a home means a roof over your head as long as you're able to live independently and cover utility costs. "And selling your house will get you by financially for a few years," Shillington says.

Overall, though, the growing demand for "non-market" social housing will need to be met. In Calgary, three per cent of households live in non-market housing provided by government and non-profit groups, Woodgate says. This is well below the national average of six per cent.

"To reach that average, an additional 15,000 non-market housing units would be required (in Calgary)," she says.

There's hope on the horizon, though, she adds.

"Recent commitments by the provincial and federal governments indicate a renewed awareness of these problems and readiness to work to find solutions for growing the inventory of affordable housing."

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metro SPORTS

The Philadelphia 76ers gave no timetable for the return of No. 1 pick Ben Simmons who will likely need surgery for a broken bone in his right foot

Jays drive wild ride into the playoffs

Stampeders wide receiver Kamar Jorden tallies a receiving touchdown against Tiger-Cats defensive back Dominique Ellis on Saturday in Hamilton. PETER POWER/ THE CANADIAN PRESS

CFL

Hicks top of mind in Stamps' victory

DaVaris Daniels made sure he shared his big day with Mylan Hicks's family.

The rookie receiver had two TD catches as Calgary beat the Hamilton Tiger-Cats 36-17 to extend its unbeaten streak to a CFL-record 13 games Saturday.

The Stampeders (12-1-1) earned their 11th straight win playing for the first time since Hicks, a 23-year-old defensive back on the club's practice roster, died early in the morning of Sept. 25 in a shooting outside a Calgary nightclub.

After hauling in Bo Levi Mitchell's 59-yard scoring strike in the first half for his second TD of the half, Daniels earmarked the ball for Hicks's mother, Rene Hill, who spoke to the Stampeders last week about her son.

"I just wanted to go out there and play for my brother, play for his family and give them a gift," Daniels said. "I don't know what I can give them but I can give them that.

> **We knew he was with us, he was out there watching us and helping us out.**
> Bo Levi Mitchell

"It's just special for me. I'm just happy that I was able to do it for him."

There was a moment of silence prior to kickoff in Hicks's memory. Safety Jamal Wall wore Hicks's No. 31 and will for the remainder of season while the Stamps donned a No. 31 sticker on the back of their helmets. THE CANADIAN PRESS

MLB

Toronto clinches berth in one-game battle with O's

Aaron Sanchez said he didn't know — and didn't care — that the Blue Jays had already clinched a spot in baseball's post-season.

Toronto still had a chance to host the AL wild-card game, and Sanchez wanted the win.

"I wasn't ready to go home," he said after the Blue Jays beat the Boston Red Sox 2-1 in the regular-season finale on Sunday to claim the AL's top wild-card berth. "For it to come down to (Game) 162, and me being out there ... there was a lot at stake in that game. And it was in my hands."

Sanchez took a no-hitter into the seventh, and Troy Tulowitzki singled to break an eighth-inning tie. Roberto Osuna retired David Ortiz on a weak nubber in front of the plate on the final regular season at-bat of his career, and then got Jackie Bradley Jr. on a groundout with two on to finish the game.

The Blue Jays had a muted celebration on the field, then popped champagne in the visitor's clubhouse at Fenway Park.

"I'm (usually) straight-faced," Tulowitzki said. "But that was fun out there."

Jose Bautista sprays Michael Saunders with champagne after the Blue Jays clinched a wild-card berth on Sunday in Boston. MADDIE MEYER/GETTY IMAGES

SUNDAY In Boston

2	1
BLUE JAYS	RED SOX

Toronto clinched a spot in the post-season when Detroit lost to Atlanta 1-0 earlier Sunday evening. With their win in Boston, the Blue Jays earned the right to host the Baltimore Orioles in a one-game playoff on Tuesday.

The Red Sox will start their AL Division Series against the Indians on Thursday in Cleveland.

"We've been able to win on the road and that's where our playoff journey begins," Boston manager John Farrell said.

Pitching with Jose Fernandez's initials on his hat in tribute to the Marlins pitcher who died last week, Sanchez held Boston hitless until Hanley Ramirez's disputed home run with two outs in the seventh. The ball sailed over the foul pole above the Green Monster.

Sanchez tried to wave the ball foul and then yelled to the umpire, "No way!" But the replay upheld the original call.

Xander Bogaerts followed with a single — the only other hit allowed by Sanchez, who lowered his ERA to 3.00 and clinched the AL title. In all, Sanchez (15-2) allowed one run, walking two, striking out six and hitting a batter. THE ASSOCIATED PRESS

Bills bring Patriots back down to Earth

NFL

Buffalo lets air out of Gillette Stadium to claim rare win

SUNDAY In Foxborough

BILLS	PATRIOTS
16	0

Buffalo took advantage of sloppy, Tom Brady-less New England to hand the Patriots their first home shutout at Gillette Stadium, winning 16-0 Sunday.

It was the first loss of the season for New England (3-1), which was playing its final game before Brady returns from his four-game "Deflategate" suspension. The Patriots, who moved into Gillette Stadium in 2002, were last blanked at home 6-0 by the New York Jets in 1993 at Foxboro Stadium.

Tyrod Taylor connected with LeSean McCoy for a seven-yard touchdown pass in the first quarter, Dan Carpenter added three field goals for Buffalo (2-2).

It was Buffalo's second win in its last 16 visits to Foxborough. Including his tenure with the New York Jets, it gave Bills coach Rex Ryan his first regular-season road win over Bill Belichick in eight tries.

After struggling to maintain drives and finding a run-pass balance, Taylor was spot-on Sunday. He finished 27 for 39 for 246 yards, and directed a unit that was 7 for 15 on third downs.

Buffalo's defence also carried over its dominant effort from its 33-18 win over Arizona, sacking rookie Jacoby Brissett three times.

THE ASSOCIATED PRESS

MORE SCORES

THURSDAY
- Bengals 22, Dolphins 7

SUNDAY
- Jaguars 30, Colts 27
- Falcons 48, Panthers 33
- Redskins 31, Browns 20
- Bears 17, Lions 14
- Raiders 28, Ravens 27
- Seahawks 27, Jets 17
- Texans 27, Titans 20
- Cowboys 24, 49ers 17
- Rams 17, Cardinals 13
- Saints 35, Chargers 34
- Broncos 27, Bucs 7
- Chiefs at Steelers*

MONDAY
- Giants at Vikings

* LATE SUNDAY

Jacoby Brissett of the Patriots fumbles the ball on a hit by the Bills' Zach Brown on Sunday in Foxborough, Mass.
JIM ROGASH/GETTY IMAGES

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GOLF

Americans end Ryder Cup drought

This wasn't about being maybe the best team ever assembled. The Americans were simply a team, and they finally won back the Ryder Cup.

Phil Mickelson led the Americans behind the scenes. Patrick Reed powered them with his passion on the golf course. And it was Ryan Moore, the final captain's pick who wasn't even on the team until a week ago Sunday, who delivered the cup-clinching point at Hazeltine in Chaska, Minn.

Moore finished eagle-birdie-par for a 1-up victory over Lee Westwood, and the celebration was on.

"When put in the right environment, the U.S. team brought out some amazing golf," Mickelson said. "And we're bringing back the Ryder Cup because of it."

Ryan Moore
GETTY IMAGES

There was no meltdown like Medinah four years ago, when the Americans blew a 10-6 lead under captain Davis Love III.

Europe never really had a chance.

Reed outduelled and outshouted Rory McIlroy for a 1-up victory, and by then the back end of the scoreboard was filled with American red.

The final score was 17-11, the biggest rout for the United States since 1981.

THE ASSOCIATED PRESS

IN BRIEF

Ricciardo wins, Rosberg builds lead in Kuala Lumpur
Daniel Ricciardo led a one-two finish for the Red Bull team at the Malaysian Grand Prix on Sunday while third-place finisher Nico Rosberg extended his Formula One championship lead after Mercedes teammate and title rival Lewis Hamilton suffered an engine failure while leading the race. Rosberg is now 23 points clear in the standings. THE ASSOCIATED PRESS

Truex gets Chase win No. 2
Martin Truex Jr. dominated Sunday at Dover International Speedway for his second win in the first three Chase races. Tony Stewart finished 13th and was knocked out of contention.
THE ASSOCIATED PRESS

Spurs stop Man City streak
Tottenham ended Pep Guardiola's perfect Premier League start with Manchester City with an impressive 2-0 victory on Sunday that left the London club as the only unbeaten side. Far from suffering a hangover after last season's title-challenge collapse, Spurs are enjoying their best-ever start since 1960-61 when they last won the top flight. THE ASSOCIATED PRESS

Sounders oust Whitecaps
Brad Evans scored on a penalty in the 81st minute as the Seattle Sounders beat the Vancouver Whitecaps 2-1 on Sunday. With the loss, the Whitecaps were officially eliminated from playoff contention. THE CANADIAN PRESS

RECIPE Chinese 5-Spice Chicken Tray Bake

PHOTO: LEILA ASHTARI

Ceri Marsh & Laura Keogh
For Metro Canada

This tray bake is next level deliciousness with warm and fragrant Chinese 5-Spice.

Ready in 20 minutes
Prep time: 1 hour
Cook time: 20 minutes
Serves 4

Ingredients
- 3 Tbsp olive oil, plus extra for onions
- 4 - 5 garlic cloves, pressed
- 1 Tbsp rice vinegar
- 1 Tbsp brown sugar
- 1 tsp Chinese 5-spice
- 1/2 tsp salt
- 6 large skinless, boneless chicken thighs
- 2 onions, peeled and sliced
- 1 tsp fresh chopped cilantro

Directions

1. Combine olive oil, garlic, rice vinegar, brown sugar, 5-spice and salt in a large resealable plastic bag. Add chicken thighs; seal and coat chicken with sauce. Chill at least 1 hour or overnight.

2. Preheat oven to 400. Slice and coat onion in a bit of olive oil. Spray baking sheet with non-stick cooking spray. Scatter onion slices on baking sheet.

3. Remove chicken from refrigerator and arrange on top of onion. Roast until chicken is cooked through, about 20 minutes.

4. Remove tray from oven and let cool for a few minutes. Sprinkle chicken and onion with cilantro and serve warm.

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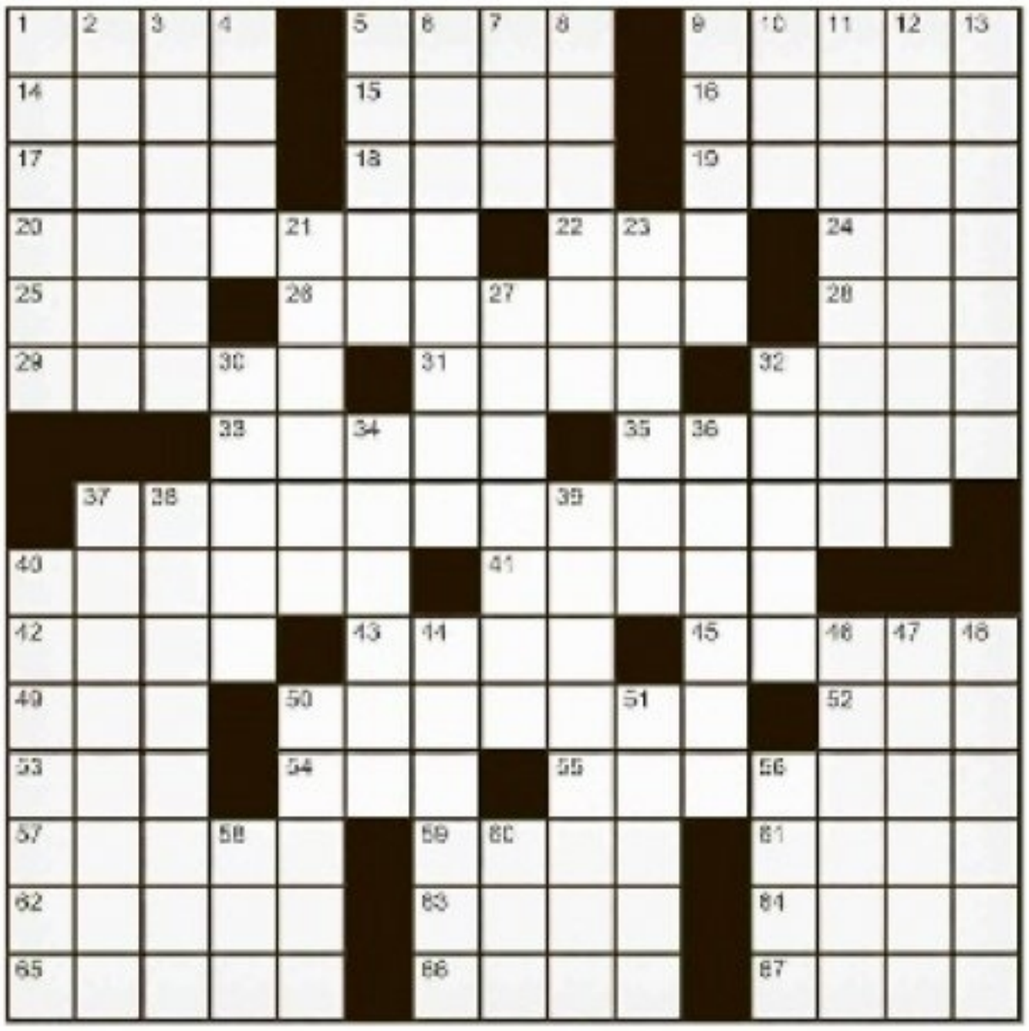
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Ben Affleck movie
5. From way off
9. Cry-ily complain
14. Gradually withdraw
15. Capital of Latvia
16. Macho guy
17. Border on
18. Army _ (Military kid)
19. Enter the data
20. Late Baroque: Ornate styles of the 18th-century
22. Suppositions
24. "R.O.C.K. in the _-_-_" by John Mellencamp
25. Expression for Homer Simpson
26. Gallery's draw
28. Agnus _ (Lamb of God)
29. After-showering mist
31. Five-star
32. Sharon of "Boston Public"
33. Myrrh, for example
35. Slopes
37. Montreal-born/Hamilton-raised rocker of platinum hit "Mama Let Him Play": 2 wds.
40. Dar es _ (Tanzania city)
41. Angry, in days of yore
42. Ed of "Daniel Boone"
43. Splotch
45. Do a professor's work
49. Peacock network
50. Newly minted word or phrase
52. Green Day drummer Mr. Cool
53. On the _ (Precisely punctual)
54. Supermodel Carol
55. Spiral-tusked Arctic whale
57. 'Parliament' suffix
59. Pare
61. Memorization method
62. TMZ.com founder Harvey
63. Loaf
64. Yahweh's 'yeah!'
65. "Did you _ _ keys anywhere? I still can't find them."
66. Pottery piece
67. Father, in Quebec

DOWN
1. Junos and CCMAs
2. Start the computer again
3. Unpolished/tactless
4. Particular preposition
5. Ann _, Michigan
6. Health crisis care: 2 wds.
7. Classic range cooker company
8. Conserve the food
9. Eggs-whipping gadget
10. Female octopus
11. Insolent
12. Cause the stomach to be upset
13. Necessitates
21. Photographer's tool
23. Wet plaster mural
27. VictoriousOhVictorious! Community of northeastern British Columbia
30. Tapestry wall†hanging
32. Workshop machine
34. Icon
36. "The _" by The Box Tops
37. Boisterous country festivity
38. Not compulsory, as some surgery
39. Citify
40. Tropical resort footwear
44. Small
46. Not away from one's abode: 2 wds.
47. Volcano opening
48. La Belle _ (1864 comic operetta by Jacques Offenbach)
50. Astute/shrewd
51. Nintendo enthusiast
56. Shawl
58. Point
60. Uncooked

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Remember to learn whatever you can so that you are performance-ready for a career peak in 2018. Whatever you do now will pay off then.

Taurus April 21 - May 21
Many of you are forced to rely on your own resources now. You can do this! Furthermore, this will strengthen you for a career peak four years from now.

Gemini May 22 - June 21
This is a fun-loving, playful time for you. Nevertheless, your relations with spouses, partners and close friends will be tested in the next year.

Cancer June 22 - July 23
Continue to work hard at your job even though you might feel overwhelmed. You can handle what you must do. You will get recognition for this in 2018.

Leo July 24 - Aug. 23
This is a busy time for you. Enjoy schmoozing with others. Likewise, enjoy redecorating where you live and entertaining at home.

Virgo Aug. 24 - Sept. 23
One reason you want to boost your income now is you are doing everything you can to secure your home and make it a safe refuge for your family. Focus on repairs and home improvements.

Libra Sept. 24 - Oct. 23
This is a powerful time for you. Be aware that many of you will have a change of residence or job during the coming year.

Scorpio Oct. 24 - Nov. 22
For the next month, your ability to convince others is amazing. Use this to your advantage, especially if you write, sell, market, teach or act.

Sagittarius Nov. 23 - Dec. 21
For a year now, you have been sailing in a new direction after having given up so much during 2012-2015. You are on a path to define the new you!

Capricorn Dec. 22 - Jan. 20
This continues to be a time of downsizing and letting go of what is no longer relevant in your life. This month, friends are supportive to you. Use their help if necessary.

Aquarius Jan. 21 - Feb. 19
Matters related to inheritances and shared property will go forward with more clarity now. If you need help from bosses, parents and VIPs, ask for it.

Pisces
Feb. 20 - March 20
This is a time of harvest for your sign. You see now what is working and what is not. If possible, reward yourself with some fun travel, because you deserve it.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			9		6	8		
			7			6		
		2		4		7		3
	1				9	5	7	
	7	6	3				8	
4		9		1		3		
		3			8			
		1	2		5			

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FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

4	9	5	2	1	8	3	7	6
3	1	6	7	9	4	8	5	2
2	8	7	6	5	3	9	1	4
9	4	2	1	6	7	5	3	8
8	7	1	3	4	5	2	6	9
5	6	3	9	8	2	1	4	7
6	2	9	4	3	1	7	8	5
1	5	4	8	7	9	6	2	3
7	3	8	5	2	6	4	9	1

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